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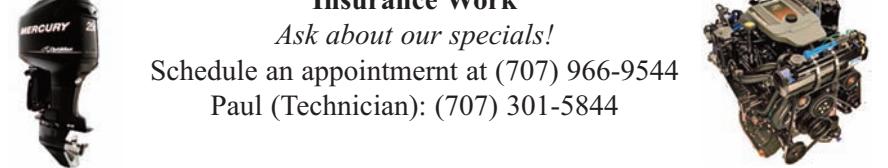
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# The Lake Berryessa News

[www.LakeBerryessaNews.com](http://www.LakeBerryessaNews.com)

1515 Headlands Drive, Napa, CA 94558

Your Best Source for News of Lake Berryessa and our Napa Back Roads!

August 4, 2010

## The Corners Reborn: The Crossroads at Lake Berryessa

Jim Winchell just couldn't stay retired! Less than two years after selling his security company he was back out looking for action. The action he chose was to reopen the old Corners Store as "The Crossroads at Lake Berryessa".

Jim enticed his wife, Pat, and two sons, James and Shawn, to become partners in this new adventure. The Winchell family hopes for a Grand Opening within the next few weeks. Right now they are working hard to complete the required final inspections and last minute improvements.

Just over a year ago, before his untimely death, Mike Schildknecht had re-opened the Corners Store and Mike's BBQ. The Corners Saloon opened for a short time, but all operations

ceased by the end of last summer. With Steele Park Resort (Lupine Shores) re-opened, there will be a lot more visitors coming by the Crossroads. Berryessa



Highlands residents are thrilled with the prospect of the re-opening of a store, restaurant, and bar in their community.

The old sign is down; the new sign is up! Stay tuned for details.

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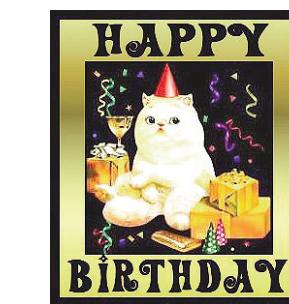
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### AUGUST BIRTHDAYS

Lynn Bell

Cheryl Berg 20th

Jim Del Bondio 14th

Maxine Eddings 6th

Carol Metcalf 3rd

George Parrish 22nd

Michelle Quecke

Shirley Schwartz 25th

Patricia Turnpaw 28th

Steve Vollmer 12th

Louise Wright

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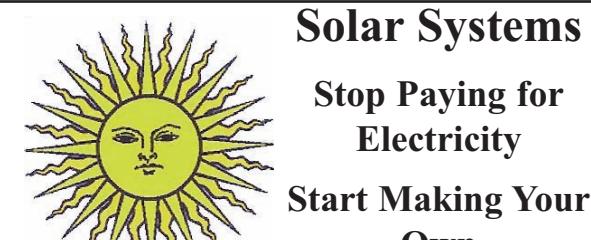
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## Final Salute for Chase Stanley

In an amazing outpouring of personal respect and community support, a huge funeral procession wound its way Sunday, July 25, from Napa to the historic Monticello Cemetery at Spanish Flat for the final graveside service for Chase Stanley.

Chase Stanley, 21, was killed July 14 when insurgents attacked the vehicle he was riding in with an improvised explosive device. Stanley is the son of Nyli and Debbie Stanley, residents of Lake Berryessa, and brother to Britney Stanley, 23, and Ryan Stanley, 26.

People were also gathered at Moskowitz Corners under a huge American flag. Others lined Capell Valley Road to Turtle Rock - a mother with two children, a man with a large American flag draped over the side of his car. Someone had attached small American flags to road reflector signs every few hundred feet along the highway all the way.

At Cucina Italiana, dinner guests watched what seemed to be a never-ending caravan of cars, trucks, motorcycles and hundreds of people on their way to Monticello Cemetery on Spanish Flat Loop Road.

More than two hundred vehicles and hundreds of mourners slowly made their way past the Village Center. The caravan was so large that many people parked outside Marcia's Spanish Flat Country Store to walk the rest of the distance.

From Rachael Carter-Werning: The funeral came all the way up the hill! It was amazing to see the outpouring of support from our community. Praise God and God Bless the Stanley Family. I am proud to be part of this "little town"

From Cheryl Wainright Flebut: We were eating dinner at Cucina and could not believe how many cars and people were driving to the cemetery. God Bless the Stanley family.

From Lora Pearce: Yes, we too saw the beginning of the procession with everyone at the Corners....Tears all the way home....RIP!!

From Barry Bossard: It was an amazing show of support for the family I saw that night. I hope it helps them to deal with the pain of their tremendous loss.

## More Dead Fish Reports

For the last several months boaters have been reporting an unusual number of dead fish, mostly carp, at Lake Berryessa.

Several people thought it was due to the big algae bloom combined with the massive pollen cover which occurred in Spring.

But other lakes in California, such as Lake Elsinore, have reported carp dying because of koi herpes virus, which has nothing to do with human herpes. The virus affects only carp and their cousins, ornamental koi and goldfish.

Earlier this week, Lake Elsinore spokesman Mark Dennis confirmed that ornamental koi are found in the lake occasionally, presumably because someone dumped them.

A California Fish & Game officer emphasized the virus is endemic to carp, koi and goldfish, and does not pose a threat to other fish species, animals and humans. The number of carcasses is so low the occasional visitor probably wouldn't realize something unusual is happening, but lakeside dwellers and daily visitors such as fishermen may have noticed.

The local Fish & Game office in Yountville reported that they do not know what it is exactly since they do not have a biologist that they can assign to the project at this time.

They need to collect live but dying fish to get to their fish health lab for evaluation. However, since it has been primarily carp we do suspect a virus. A common sign of the virus is for the part of the face to be eaten away

The stretch of creek in question is from the end of Solano Lake facing Monticello Dam past Canyon Creek Resort up to the dam. It does not apply to Lake Solano. And there is no

lake is not known for great sailing.

From Dave Immen: It can be a great sailing lake! You want a very good, reliable kicker motor on your boat though. On days like today when it is glass, it is wonderful to gently cruise from beach to beach under engine power.

Even if it's like that all day, it is very peaceful. When a wind kicks up which is pretty constant in the afternoon, sailing is great between Big Island and Skiers Cove area. Get tired of sailing? Just aim into a big cove, crank the engine, and find solitude again!

## Fishing Below Lake Berryessa

Putah Creek below Monticello Dam has always been a great fishing destination. Unfortunately due to a lawsuit, that area can no longer be stocked with trout.

There has also been some confusion regarding the latest Fish & Game regulations on that section of the creek. The official regulation is: "(147) Putah Creek (Solano and Yolo Counties) from Solano Lake to Monticello Dam. All year. Only artificial lures and barbless hooks may be used."

The problem is that some people thought this rule applied to Lake Solano itself and the fishing at Lake Solano Park. They also thought this meant "catch & release" only. Neither case is true.

At an office: "This job is only a test. Had it been an actual job, you would have received raises, bonuses and promotions."

Official sign near door: "Door Alarmed." Handprinted sign nearby:

"Window frightened."

"catch & release only" rule at either location.

For the true story on fishing lower Putah Creek and Lake Solano stop in at the 95 Food Mart at Hwy 128 and Pleasants Valley Road across from the park. Ralph or Maricela can fill you in.

\*\*\*\*\*

## Signs of the Times

These are supposedly actual signs.

Fitness Center sign: "Self Esteem is feeling good about yourself - regardless of the facts."

Sign on a New York convalescent home: "For the sick and tired of the Episcopal Church."

On a Maine shop: "Our motto is to give our customers the lowest possible prices and workmanship."

Sign in a car dealership office: "The best way to get back on your feet - miss a car payment."

Sign in a muffler shop: "No appointment necessary. We'll hear you coming."

A hardware store in Oregon has a sign that reads: "Today's special." Below it says: "So's tomorrow."

On a billboard along a highway: "Caution: Objects in the mirror may have flunked drivers education."

At an office: "This job is only a test. Had it been an actual job, you would have received raises, bonuses and promotions."

Official sign near door: "Door Alarmed." Handprinted sign nearby:

"Window frightened."

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## Event Calendar

August 10 - Tuesday: "Eat to Defeat ALS" (Lou Gehrig's disease) fundraiser at Cody's Restaurant, 5:00-8:00 pm, 314 Railroad Ave in Winters. All you can eat buffet for just \$15.00/person.

August 10 - Tuesday: Winters Classic Car Cruise Night o Main Street, 4 - 7pm, 50's music, classic cars, food.

August 12 - October 21 - Winters Farmers Market, Winters Community Center Parking lot and Rotary Park -- Main and Railroad

August 21 - Saturday: Bring your own Meat Bar-B-Q, 4 PM, Berryessa Sr. Ctr., Chef Paul will cook it if you wish (925) 699-3729 or 966-0206. Our Activities Director, Rosemarie Wilson, has been in contact with the group from "Broadway to Branson" and they will be our entertainment on Saturday, August 21, for the annual BBQ pot luck. If you attended the BBQ last year you know what a great group they are and what a great time you had.

August 21 - Saturday: 3rd annual Celebrate Summer event at the Community Church (Moskowitz Corners). Come for lots of fun, free, family activities from 12-4:00 pm. 252-4488 or email at terribob@pacbell.net for questions.

August 27 - Friday: Winters Earthquake Street Festival, 5:00pm - 11:00pm, Main Street. The ground is going be shaking with all the live music, vendor booths and all in all great fun for the grown ups and the kids! Be sure to mark your calendar for the 27th of August! See you there!

September 1- Wednesday: AWANA Open House at Community Church, from 6-7:30pm. Meet the program leaders, register your child(ren). Eight months of fun, games, and awards making it fun to learn about Jesus for only \$45. Please call Rachael or Dirk Werning at 252-4488 if you have questions.

October 2 - Saturday: Feast of Eden, Napa Land Trust, Nickel & Nickel Winery, 5-10 pm. A Bountiful Feast with Friends and Neighbors, \$250 per person, www.napa;andtrust.org, 707-252-1135

## Dam Level Update as of Monday, 8/1/10

The elevation of (Glory Hole) at Monticello Dam is **440** feet Lake Berryessa has had **26.41** inches of rain since July 1, 2009.

The water is now **22.47** feet below the top of the spillway. Lake Berryessa % Capacity: 73.31%. Putah Creek Releases: 43 cfs Water Temperature: 82 degrees

Date	Elevation	Evap	High	Low	Rain
7/18/10	418.88	0.32	103	62	0.00
7/19/10	418.79	0.36	105	59	0.00
7/20/10	418.68	0.32	100	58	0.00
7/21/10	418.58	0.27	96	56	0.00
7/22/10	418.47	0.28	87	55	0.00
7/23/10	418.39	0.27	96	57	0.00
7/24/10	418.33	0.30	99	57	0.00
7/25/10	418.24	0.34	101	58	0.00
7/26/10	418.09	0.33	97	55	0.00
7/27/10	417.98	0.34	83	53	0.00
7/28/10	417.89	0.19	87	49	0.00
7/29/10	417.80	0.24	90	48	0.00
7/30/10	417.71	0.26	93	51	0.00
7/31/10	417.61	0.30	96	54	0.00
8/1/10	417.53	0.27	94	61	0.00

## Exclusive from The Onion: Experts Say Breakfast Now Sixth Most Important Meal Of The Day

WASHINGTON—A new report from the Food and Drug Administration has found that breakfast, once considered the most important meal of the day, has now slipped to sixth place, below brunch and just above midnight snack.

"Significant gains by lunch and dessert badly damaged breakfast's standing in the late 1990s," culinary analyst Myron Jeffries said.

"Add to that the blockbuster debut of second-breakfast in 2007 and a renewed interest in leftover-pizza pre-lunch, and breakfast is in a downward spiral it may never recover from."

Especially considering the popularity of super-brunch." The makers of Eggo frozen waffles reportedly expressed no concern at the news, as waffle-dinner is still holding strong at No. 3.

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## The Lake Berryessa News

**Owner/Editor: Peter Kilkus**

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**The Lake Berryessa News - Peter Kilkus**

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## Community Church of Lake Berryessa

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For information please contact Bob Lee  
Phone: 707-252-4488  
Email: terribob@pacbell.net

## Eons Of Darwinian Evolution Somehow Produce Mitch (Exclusive from the Onion)

LAKE BERRYESSA, CA  
The process of evolution, through which single-celled organisms slowly developed over billions of years into exponentially more sophisticated forms of life, has inexplicably culminated in local Lake Berryessa resident Mitch Szabo, leading evolutionary biologists reported last month.



According to baffled sources within the scientific community, the exact same mechanisms responsible for some of nature's most spectacularly ingenious adaptations have apparently also produced a 35-year-old office assistant who has only worn pants that actually fit him a total of five times in his adult life.

"The identical processes that have given us the remarkable camouflage of the stick insect and the magnificent plumage of the bird-of-paradise have, it would seem, have also given us a man who cannot scramble an egg," University of Pennsylvania biologist Ann Goldwyn-Ross said. "Despite evolution's emphasis on the inheritance and replication of advantageous traits, a man walks among us today who sweats profusely in any temperature and went to see Anger Management in theaters twice."

"Mitch poses a real challenge to the whole notion of survival of the fittest," Goldwyn-Ross added in reference to the biological triumph who has never held a full-time job for longer than seven months. "He's turning evolutionary theory on its head."

Researchers have also failed to determine how the development of the nuanced communication system of language, itself a product of humanity's unique capacity for abstract thought, ultimately led to Mitch's strong preference for the term "exsqueeze me" over "excuse me."

Some have reportedly even begun to wonder if the phenomenon of Mitch necessitates a modification of accepted evolutionary theory.

"It's a given that natural selection, mutation, and genetic drift have interacted in some elegant way to create this man who smacks his lips pretty much constantly and still listens to Papa Roach," Professor Dan Robbins of Yale University said. "And yet, paradoxically, that seems impossible considering all the undesirable qualities evolution is supposed to filter out."

Added Robbins: "I mean, did you guys see his new haircut?"

Despite initial efforts to understand how the Lake Berryessa native came into being, one researcher told reporters that even a modification of Darwinian theory might be insufficient to account for Mitch.

"I know this is controversial, but we have to consider the possibility that Darwin was wrong," said Victor Siles, a geneticist at the University of California-Berkeley. "Nothing we currently know about DNA, no fully mapped genome, can account for the presence of someone whose rural home smells that much like garlic clam pizza."

Creationists, meanwhile, have been surprisingly muted in their celebration of a man whose existence would seem to disprove so much of evolutionary theory.

"It's great that Mitch has been so disruptive to the evolutionist camp," Jim Moore of the Colorado Springs-based Genesis Ministries said. "But quite honestly, there's no way we can explain him in terms of a perfect or loving God, either."

"We're just going to sit this one out," Moore added.

When approached for comment, Mitch himself shrugged and asked if he'd be getting any money for this interview.

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## NAPALACHIA

by Bill Scholer



**Wyoming Summer, 1952**

The dull heft of the old plow horse was unmoved by the green wisp of human tracing its muzzle. I was not edible and made no demands.

Out of place and out of my own time, spun out the running freedom of southern California sun on beaches where I had temporarily sheltered with my Grandmother-wrapped in seaweed, rolled by waves or floated on rubber wings. I knew myself only as the eyes that watched the tide pools and warily regarded the ever changing guard appearing and vanishing on my horizon like occasional ships at sea.

The span of freedom for me was the circle of time in which the skies were filled with noise and threat. Everyone was busy. During air raids the children who had been sacrificed to parental pursuit of the war-effort would hide under beds, promised by stern keepers that if we so much as breathed, we would be the enemy's point against our great country.

We must be still, quiet. Certainly we must not utter profanities to random strangers dialed up on the enticing black telephone in the cold room. We became careful containers of the life that unfolded us through the cracks of the unyielding chaos of Los Angeles in the early 1940's. Until it occurred to my mother's mother that a small girl child might do for companionship. We were both young, warm, and harbored a sadness carefully covered by the sun of charm.

As the war faded into mid-century expanse, my first teacher grew restless. Her daughter, my mother, had become pregnant and married the Wyoming cowboy. I was promised horses. A ranch by the river where my mixed-blood father's people once roamed free. It would be like the movies. My ticket to adventure.

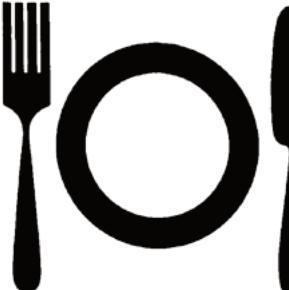
But now the disinterested horse told me I belonged up in the wagon sorting chaff. I was mistaken to seek friendship there. To guide its heavy reins along the rows of sweet blowing hay would be no more than the accustomed wind on its flanks.

But a young horse was born on the neighboring ranch twenty miles south. It was now three years of age, the son of a U.S. Cavalry stallion. Bred for the Indian wars that were gone by now, just as my own Indian father had gone. It born for survival in hard conditions, as was I.

The neighbors had named him Sundance and taught him tricks: his dark hoof struck out his years on the ground so far: one, two, three. I was not confident to try teaching his fourth strike. My job was to stay on his back. His to chase the cattle, sorting and herding, nipping the slow ones and darting after the escapees.



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The old grandfather of my mother's new husband muttered admiringly, "That little gal only has to hold on!" My chocolate brown horse quickly gained fame as the best cattle cutting horse on the ranch. And I was his only rider.

On our off hours we would ride far out through the hills and plains, chasing antelope as we came upon the herds, staying with them until they reached a fence that stopped us. Then I would lie on the hill making antelope songs with the grass designed for that call and SunDance would graze. We were free... Jana Sequoya Magdaleno, 2010



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**These are supposedly actual newspaper headlines gathered from papers across the country.**

Include your Children when Baking Cookies  
Killer Sentenced to Die for Second Time in 10 Years  
Drunken Drivers Paid \$1000 in '84  
War Dims Hope for Peace  
Enfields Couple Slain; Police Suspect Homicide  
Red Tape Holds Up New Bridge  
Something Went Wrong in Jet Crash, Expert Says  
Police Begin Campaign to Run Down Jaywalkers  
Safety Experts Say School Bus Passengers Should Be Belted  
Drunk Gets Nine Months in Violin Case  
Survivor of Siamese Twins Joins Parents  
Farmer Bill Dies in House  
Iraqi Head Seeks Arms  
Squad Helps Dog Bite Victim  
Enraged Cow Injures Farmer with Ax  
Plane Too Close to Ground, Crash Probe Told  
Miners Refuse to Work After Death  
Juvenile Court to Try Shooting Defendant  
Stolen Painting Found by Tree  
Two Soviet Ships Collide, One Dies  
Two Sisters Reunited after 18 Years in Checkout Counter

**Supposedly, these are actual advertisements that have appeared in papers across the country.**

Lost: small apricot poodle. Reward. Neutered. Like one of the family.  
A superb and inexpensive restaurant. Fine food expertly served by waitresses in appetizing forms.  
Now is your chance to have your ears pierced and get an extra pair to take home, too.  
We do not tear your clothing with machinery. We do it carefully by hand.  
Have several very old dresses from grandmother in beautiful condition.  
Tired of cleaning yourself? Let me do it.  
Wanted. Man to take care of cow that does not smoke or drink.  
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If you think you've seen everything in Paris, visit the Pere Lachais Cemetery. It boasts such immortals as Molire, Jean de la Fontain, and Chopin.  
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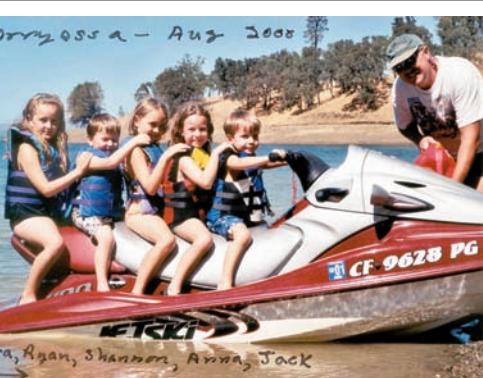
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8.3 Miles - Markley Cove to Moskowitz Corners  
20.1 Miles - Winters to Moskowitz Corners  
4.7 Miles - Moskowitz Corners to Turtle Rock  
13.0 Miles - Moskowitz Corners to Napa  
4.4 Miles - Turtle Rock to Spanish Flat Village Center  
3.0 Miles - Turtle Rock to Lower Chiles Valley Rd. at  
3.2 Miles - Lower Chiles Valley Rd at Hwy 128 to  
Pope Valley Rd.  
8.5 Miles - Lower Chiles Valley Rd at Pope Valley Rd.  
to Pope Valley  
14.7 Miles - Turtle Rock to Pope Valley via Chiles Valley  
13.0 Miles - Turtle Rock to Pope Canyon Rd. via  
Knoxville Rd.  
10.2 Miles - Pope Valley to Knoxville Rd. via Pope  
Canyon Rd.  
12.9 Miles - Pope Valley to Turtle Rock  
19.0 Miles - Pope Valley to Spanish Flat Village Center  
3.7 Miles - Pope Valley to Aetna Springs Rd.  
11.3 Miles - Pope Valley to Berryessa Estates  
4.1 Miles - Pope Valley to Angwin

**Celebrate Summer – It's Not Over Yet!**

It's hard to believe that August is here and summer is nearing an end, but not to worry because it's not over yet! On Saturday, August 21, you will have an opportunity to enjoy some fun, free family activities at the 3rd Annual Celebrate Summer event at the Community Church of Lake Berryessa (at Moskowitz Corners). This annual event is chock-full of great activities including a triple-lane water slide, a run-n-slide, a rock wall, and a bounce house. Be sure to wear a bathing suit or at least something you don't mind getting wet because the water slides are just too tempting on a hot summer day.

The summer fun will take place from 12:00 to 4:00 pm. Lunch will be served from 12:00-2:00. The ever popular watermelon-eating contest will start at 2:00. Be sure to check in when you arrive to put your name in "the hat" because door prizes will be given away throughout the day.

This event is sponsored by the Community Church of Lake Berryessa and Valley Christian Church. Remember ... everything is free! We hope to see you there. Please call Pastor Bob at 252-4488 if you have questions.

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**"Eat to Defeat ALS" in Winters**

Please join us on Tuesday, August 10, 5:00-8:00 pm as we "Eat to Defeat ALS" (Lou Gehrig's disease) fundraiser at Cody's Restaurant, 314 Railroad Ave in Winters. All you can eat buffet for just \$15.00/person, buffet will feature tri-tip, fried chicken, mashed potatoes with gravy, pasta, vegetables, salads and fountain drinks (beer/wine, ice cream, fudge can be purchased at an additional charge). Tickets should be purchased in advance at Cody's Restaurant or by calling Cherie Felsch at 530-795-2574, or Niko Doyle at 530-795-0971. A limited number will be available at the door. Also happening, just a few steps away on Main Street, is the Classic Car Cruise Night.

Proceeds from the dinner will go toward the 10th Anniversary of the Walk to Defeat ALS on Saturday, October 2nd 2010 at Raley Field (Home of the River Cats). The event starts at 9 am with a musical performance by Duval and Speck, a light breakfast, coffee, clowns, face painting and vendor exhibits. The one mile and 5K Walk will kick-off at 11am, immediately followed by lunch and live entertainment provided by Hardwater.

Getting involved is easy and fun! Get started today by calling the Greater Sacramento Chapter at 916-979-9265 or by registering on line at www.walktodefeatals.org. Then, form a team—family and corporate teams drive the success of the Walk to Defeat ALS. A Walk team can include family, friends, organizations – anyone who wants to join in the efforts to raise dollars to support the fight against ALS and honor or remember those touched by the disease. ALS, Amyotrophic Lateral Sclerosis, also known as, "Lou Gehrig's Disease" is a progressive degenerative disease which causes the upper and lower motor neurons to die; leading to muscle weakness and atrophy. The ultimate result is partial paralysis; however, people with ALS (PALS) can still see, hear, smell and feel.

The cause of ALS is widely unknown but is believed to be a combination of genetics and the environment. At this time, there is no cure for ALS. The focus of the Sacramento Chapter is to improve the PALS' quality of life through our support group meetings, information, resources and referrals, loaned medical equipment and respite care so each individual may live their life with strength and dignity.

The goal and mission of the Greater Sacramento Chapter is to raise awareness, provide education and critical resources to its patients, caregivers and the community. As a Chapter we reach out to 24 counties in Northern California, to do this, we need your support. Please help us spread the word about the devastating effects of ALS in our community. For more information about the Chapter please visit our website at www.alssac.org or contact the office at 916-979-9265.

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### **Bass Fishing with Don Paganelli**

This week I had 2 trips on the lake with fair results. Most of the Bass are from 1 to 2 pounds. We worked points and deep weed lines in the Main Body on both the west and east shore along with the Narrows using top water baits in the early morning and then switching to Carolina rigged robo worms and drop-shot rigs. The summer heat will keep these fish on the deep side for a while but if you can get out early or late in the day you can find a top water bite.

Contact Don to schedule your trip:  
(916) 502-3474,  
[don@guidebass.com](mailto:don@guidebass.com),  
<http://guidebass.com/>



### **Never Enough Blonde Jokes**

Blonde Quote: I'm not offended by all the dumb blonde jokes because I know I'm not dumb...and I also know that I'm not blonde. - Dolly Parton

#### **Meteor Crater**

As a Delta Air Lines jet was flying over Arizona on a clear day, the copilot was providing his passengers with a running commentary about landmarks over the PA system.

"Coming up on the right, you can see the Meteor Crater, which is a major tourist attraction in northern Arizona. It was formed when a lump of nickel and iron, roughly 150 feet in diameter and weighing 300,000 tons struck the earth at about 40,000 miles an hour, scattering white-hot debris for miles in every direction. The hole measures nearly a mile across and is 570 feet deep."

From the cabin, a blonde passenger was heard to exclaim, "Wow! It just missed the highway!"

#### **Blonde Pizza**

This blonde went to the pizza place and ordered a pizza. The pizza guy asked her if she wanted it cut into six pieces or twelve. "Oh, six," she said. "I could never eat twelve pieces."

Why do Blondes have TGIF written on their shoes? To remind themselves that toes go in first.

What do you call an eternity? Four blondes at a four way stop.

## **Lake Berryessa Watershed Partnership**

Following the 9th weekend of the 2010 Lake Berryessa Boater Outreach Program, the summer interns, Jacqueline and Paige have made contact with a total of 2,010 people. This number surpasses all contacts made for 2009 at the lake. Paige and Jacqueline have completed 268 boater surveys (and 68 recreator surveys at Oak Shores Day Use Area). Alongside of the Bureau of Reclamation, the interns educate boaters on the invasive quagga and zebra mussels; this has provided a great opportunity to talk with boaters about the surveys. We are now able to promote our messages to more and more people using the new Lake Berryessa User's Guide. Download yours at [www.LakeBerryessaNews.com](http://www.LakeBerryessaNews.com).

#### **Bilgee**

Bilgee is a giant bilge pad who is also known as "The Protector of Clean Waterways." He is the Watershed Partnership's mascot, and often visits Lake Berryessa during the summer to remind everyone that more than 500,000 people drink the water that comes from Lake Berryessa; and that the region's fish, wildlife & plants depend on clean water from the lake to survive.

Untreated Lake Berryessa water generally meets primary and secondary public health drinking water standards. This means the water is clean and safe, which is a very good thing for the all the lake visitors and permanent residents who rely on Lake Berryessa's clean water for drinking and household uses, as well as the people and ecosystems that rely on the Sacramento Delta.

#### **How Boaters Can Help:**

Regular boating activities present a moderate risk to water quality due contamination from bilge discharge of unburned fuel components, fuel spills, fueling activities and boating accidents. Boaters can protect Lake Berryessa by:

- 1 Using a bilge pad to soak up unburned fuel
- 2 Changing their bilge pads as needed and recycling used bilge pads properly.
- 3 Using extreme care during all fueling activities to prevent spills.
- 4 Boating safely to prevent accidents.
- 5 Bringing all trash & recyclables back to shore and disposing of them properly
- 6 Securing all loose items on their boats to prevent accidental littering.

#### **Free Bilge Absorbents & Disposal**

Bilge pads are pillow-like pads composed of polyethylene fibers designed to absorb fuel and oil while "repelling" water. A pad in the bilge chamber of a boat will soak up any petroleum products from the water that fills the bilge, which is often contaminated with oil, diesel, and other hazardous substances. If you don't use a pad, these contaminants get pumped overboard when you run your bilge pump. A bilge pad captures all the contaminants and lets you pump out just the water. It's an easy way to help keep the lake clean!

#### **Please Dispose of Bilge Pads Responsibly**

Please don't put your used bilge pads in the trash! Throwing dirty bilge pads in the garbage only moves the pollution they've absorbed from the lake to the land. A dirty bilge pad is toxic to the environment, and if the pad goes to a landfill, oil and other petroleum-based fluids can leach into the soil and pollute drinking water sources and wildlife habitat. The best way to dispose of used bilge pads is to put them into one of the specially marked red cans located at Markley Cove, Pleasure Cove, or Capell Cove.



## **"Eye on the Bay" Takes a Long Look at Lake Berryessa**

by Peter Kilkus

In a two part show scheduled for broadcast during the last half of August, KPIX sent anchor Brian Hackney, producer Reuben Maness, and cameraman Daniel Murphy on a two-day trip to the beautiful Lake Berryessa area.



Berryessa Boats & Jet Ski Rentals in Markley Cove, we also spent some quality time out on the lake recording jet ski and wakeboard tricks. I got to pilot the patio boat for the crew and try to keep them from falling off the rocking deck as the fast boats circled.

I was amazed that Brian (the "talent" as the producer and cameraman irreverently called the "star") never seemed to break a sweat, even though

he was wearing long pants and long-sleeved shirt on both very warm days! That may be one reason he gets to be in front of the camera and we don't.

As they interviewed me on the site of the old Steele Park restaurant with one of the best views of the lake in the background, I realized just how

much history we were discussing. The Berryessa Valley had been home to Native American culture. That was displaced by a Mexican culture which was then displaced by the Americans, often violently. The Berryessa broth-



ers were murdered by Kit Carson for their land.

A rural farming culture then expanded across the valley until the government decided to take the land to build a dam and reservoir. The Town of Monticello was ground down to the dirt. Murray Clark described the old town community in touching stories which hopefully will get on the air.

In due course the family recreational culture that grew up around the lake was also destroyed, again by the Federal gov-

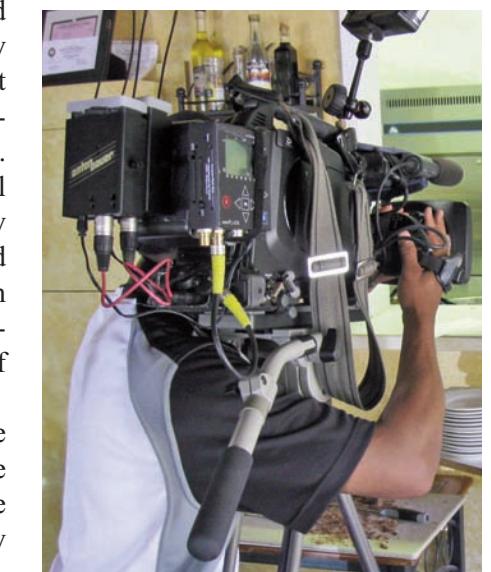


is to do out here. Hopefully this will come across to the Eye on the Bay viewers too.

The Eye on the Bay crew was fun to work with and were highly professional. Of course, there's a lot of editing left to do before the show airs.

For you techies out there, Daniel's camera is an \$80,000 HD digital camera that records high-def directly to Blue-ray discs!

See story with many more photos at [www.LakeBerryessaNews.com](http://www.LakeBerryessaNews.com)



ernment - with everything ground down to the dirt we stood on that day at Steele Park. We were gazing out onto the fifth layer of future history - the Census version of Lake Berryessa.

Brian, Reuben, and Daniel enjoyed themselves and seemed truly appreciative of what they saw and learned when I was with them. I'm sure they had the same sense of history and adventure as they talked to Jeff Parady and others up in Pope Valley.

Even as a relatively long-time resident at Lake Berryessa, I came away from this experience with the realization of how much there really



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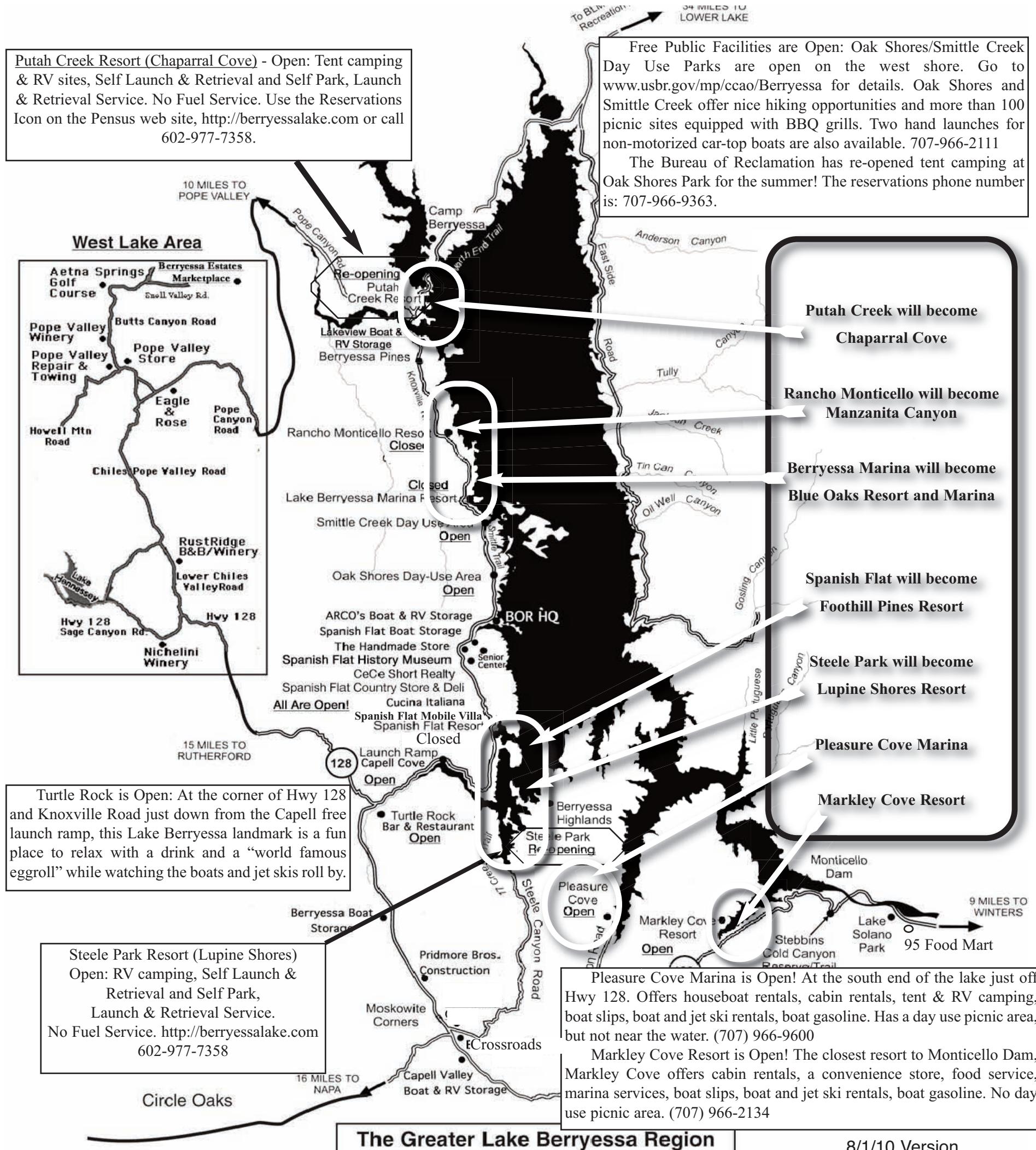
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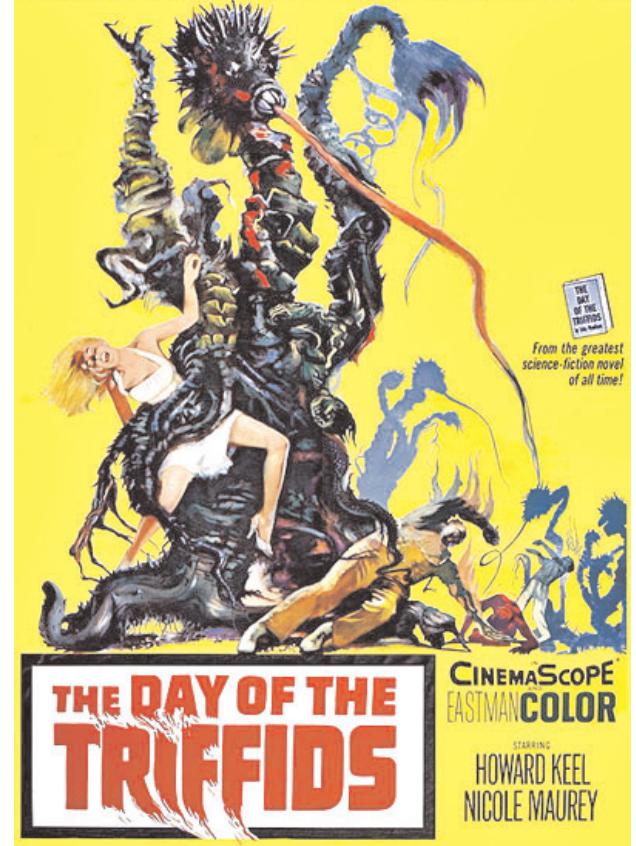
### Triffids Invade Lake Berryessa?

By Peter Kilkus

Do I have the biggest sunflowers (11' tall) at Lake Berryessa? In Napa County? Those of you who drive from Winters to Davis as I do see miles and acres of sunflowers of various types. This year some giant sunflowers have invaded my garden and every time I go into it I'm reminded of an old science fiction movie from the 1950's. Maybe you've seen it.

The Day of the Triffids was a movie about plants capable of aggressive and seemingly intelligent behaviour. They are able to move about on their three "legs", appear to communicate with each other and possess a deadly whip-like poisonous sting that enables them to kill and feed on the rotting carcasses of their victims. For some reason, they always reminded me of giant sunflowers.

**BEWARE THE TRIFFIDS...they grow...know...walk...talk...stalk...and KILL!**



I suppose I don't have to worry about my sunflowers ripping themselves out of the ground and chasing me into my house, but the darn things sure make me feel small. Last year I planted some sunflowers with seeds I got from the Capell Valley School garden. They didn't do all that well. For some reason this year a few popped up in the middle of my corn and tomatoes and just kept growing. I assume I'll have lots of seeds to eat soon.

One benefit of the sunflowers is that they attract bees to help pollinate all my plants. So, in the photo, not only am I standing among 11-12 foot tall sunflowers, which appear to be watching me, I'm also surrounded by the incredible buzzing of dozens of bees.

Salted in the shell as a snack or shelled for use in salads and other dishes, calcium and iron make them wholesome. No cholesterol is a big plus, too.

Helianthus annus, the common sunflower, is native to North America and normally grows six to eight feet tall, but there are many variations of this flower around the world. The most commonly planted for its seed crop can grow to twelve feet or more in height and have only one enormous head of flowers - so large in fact that it will droop on the stalk, being too heavy to stay upright, even to follow the sun.

A sunflower grown in the Netherlands holds the record for being the tallest sunflower in the world. It measured 25 feet, 5.4 inches. The largest sunflower head on record belongs to a 32 inch (82 cm) sunflower head that grew in British Columbia.

Do sunflowers really follow the sun? When the plant is in the bud stage, it tends to track the movement of the sun across the horizon. Once the flower opens into the radiance of yellow petals, it faces east. No one knows why. However, it is likely a defensive response. Facing south or west could result in sun-scalding of seeds during very hot days.

How many flowers or heads does the sunflower plant have? According to the literature a cultivated sunflower has only one flower or head. But the wild cousins found growing in ditches and other areas throughout much of North America have multiple flowers and heads. Multiples of 20 and more heads are common. The 'wilds' are the genetic basis of today's domesticated sunflower.

If this is true then somehow wild sunflowers have invaded my garden. Or are they just the genetic first stage of our Triffid invasion?

The sunflower plant has almost 'human-like' characteristics and dimensions. The face of the blooming sunflower can almost speak to you. For this reason, the sunflower was a favorite subject for Europe's greatest artists such as Van Gogh and Picasso.

Sunflowers are a versatile crop, used for cooking oil and salted snacks as well as fed to a wide variety of animals, including birds, cattle, hamsters and rabbits.

The seeds are generally made into a meal for livestock. Some Native American Indians used to use sunflower seeds for food and hair oil. 'Nut butter' is also made from the seeds, by grinding them until they produce a creamy spread.

If you intend to store them for any length of time, put them in jars while still warm and close tightly. They keep very well in a cool dark place.

Variations call for mixing a teaspoon of melted butter with a cup of seeds while they are still warm from the oven, (these are for immediate eating) or roasting them until they are browned instead of just dry.



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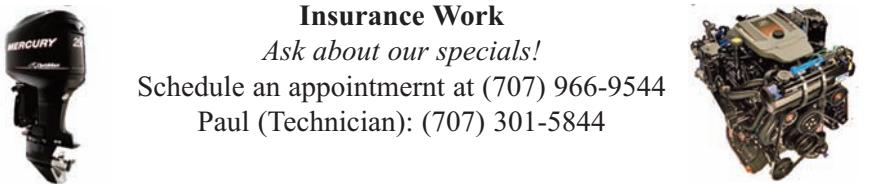
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Your Best Source for News of Lake Berryessa and our Napa Back Roads!

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August 18, 2010

## Plan Your Labor Day Holiday at Lake Berryessa!

More and more people are discovering that Lake Berryessa is back. Although the newly reopened Chaparral Cove (Putah Creek) and Lupine Shores (Steele Park) resorts are not crowded, it's always a good idea to plan ahead for those holiday weekends.

Now that The Crossroads at Lake Berryessa at Moskowitz Corners is open for business only five minutes from Steele Park (Lupine Shores), campers and day users will be able to get the food and supplies they need since the resort has none.

Those of you heading to the west shore can stop at Turtle Rock or the Spanish Flat Country Store & Deli for your supplies.

Pleasure Cove Marina is open. At the south end of the lake just off Hwy 128. Offers house-boat rentals, cabin rentals, tent & RV camping, boat slips, boat and

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The Bureau of Reclamation has re-opened tent camping at

Markley Cove and Pleasure Cove.

First snow, then silence.

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dies

so beautifully.

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"My Novel" not found.

A crash reduces

your expensive computer

to a simple stone.

There is a chasm

jet ski rentals, boat gasoline. Has a day use picnic area, but not near the water. (707) 966-9600

Markley Cove Resort is open. The closest resort to Monticello Dam, Markley Cove offers cabin rentals, a convenience store, food service, marina services, boat slips, boat and jet ski rentals, boat gasoline. No day use picnic area. (707) 966-2134

Free Public Facilities are

Open: Oak Shores/Smittle Creek

Day Use Parks are open on the

west shore. Go to

www.usbr.gov/mp/ccao/Berryess

a for details. Oak Shores and

Smittle Creek offer nice hiking

opportunities and more than 100

picnic sites equipped with BBQ

grills. Two hand launches for

non-motorized car-top boats are

also available. 707-966-2111

The Bureau of Reclamation

has re-opened tent camping at

Markley Cove and Pleasure Cove.

The Lake Berryessa News

and the Lake Berryessa Chamber

of Commerce welcome you!

(Just remember - no auto gas at the

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Dear editor,

We, the family of Army Sgt. Chase Stanley, would like to thank the community for giving Chase a hero's welcome during his homecoming and memorial.

We would especially like to thank Patriot Guard Riders; Napa County Sheriff; Napa Police; CalFire and participating fire departments; 82nd Airborne Honor Guard; U.S. Army and Sgt. Bill Bledsoe, casualty assistance officer; Rotary Club; Claffey & Rota Funeral Home; Chaplain Lee Shaw and Pastor Bob Lee; Berryessa Senior Center; Napa Public Works Department; and Hillside Christian Center.

We would also like to thank all the people who donated their services and goods who are too numerous to list here. We are in awe of the love and support of the community.

Debbie Stanley

#### Dillon leads Parady in fundraising for District 3 race

Incumbent Diane Dillon is leading the fundraising in the race to represent District 3 on the Napa County Board of Supervisors, but challenger Jeff Parady is working hard to bridge the gap.

Dillon, seeking her third term, has spent \$76,456 so far this year, campaign finance statements show. Big ticket items this period include \$12,758 to Davis-based political consultants and \$5,759 for printing in Sacramento.

Dillon still has another \$19,933 on hand to spend in time for the Nov. 2 runoff election against Pope Valley businessman Jeff Parady, according to the latest reports. She raised only \$16,307 this calendar year, but she had more than \$80,000 in the bank left over from 2009.

Meanwhile, Parady, whose

fundraising efforts started off slowly earlier this year, is now catching up to the two-term incumbent, whose district includes St. Helena, Lake Berryessa, Angwin and part of north Napa.

Parady has spent \$71,613 on his campaign and still has \$17,583 in the bank.

\*\*\*\*\*

#### Berryessa residents could face steep utility rate hikes soon

Residents in the Napa Berryessa Resort Improvement District could pay more for water and sewer services beginning Oct. 1. Under the proposed rate increases, a household's average monthly bill for water and sewer services will rise from \$126 to \$202 - a roughly 60 percent increase. Under state law, if a majority of the property owners file a protest vote by Sept. 21, they can defeat the rate hike.

Members of an ad hoc committee which has been negotiating rate structures and other issues with district/county engineers urged the board to postpone a vote in order to find alternative solutions. Supervisors agreed to explore other sources of revenue, including seeking payments from renters and property owners who default on their payments to the district, but maintained the higher rates are necessary.

Residents urged the officials to explore other avenues, including collecting money from the Pensus Group, the Arizona-based company that signed a contract to run Steele Park - recently re-named Lupine Shores. The resort, adjacent to Berryessa Highlands, had been the district's biggest rate payer before it was shut down. The resort reopened this summer on a limited basis. Visitors use portable toilets for restrooms; there are no water services.

District officials say they contin-

ue to work with Pensus in an effort to bring additional operating revenues into the district and lessen the financial burden on the residents. But residents, who also question other practices such as the operation of the district, said not enough has been done.

Berryessa Highlands residents are urged to go to: www.berryessahighlands.info. Sign up there to join the group and receive the latest information on rates and protests. Please provide your parcel number, Highlands address, current mailing address if different, phone number, and current email address.

\*\*\*\*\*

#### TO THE RESIDENTS AND PROPERTY OWNERS OF BERRYESSA HIGHLANDS:

By now you should have received the notice of proposed water and sewer rate increases for NBRID.

Your Residents' Committee has been working hard with the District to find solutions to our financial problems but we have met with resistance in a number of areas and in the end the District decided that they would proceed with the proposed rate increases without our support. These proposed increases will be a severe burden on all property owners and rate payers.

Now it is easy to say, "We'll just vote it down like we did last year!" But such a decision has consequences, just as doing nothing has consequences, and should not be taken lightly.

To that end, your Committee has scheduled a Town Hall meeting at the Capell Valley Fire House for Wednesday, August 18th, at 7:00 PM, to discuss the District's financial condition, what we can expect from Pensus, the impact of our District's problems with the Regional Water Board and the new proposed Cease

and Desist Order (CDO) which will be adopted in September, and the pros and cons of a protest.

The Community needs to make an informed decision in this important matter. We chose that date because of the availability of the Fire House and to allow time for your Committee to gather all the necessary information.

We are aware that there are some members of the Community already starting a protest drive. We would advise a bit of caution since the County has specified certain information and format for a valid protest petition.

If your protest does not meet the County requirements it WILL NOT BE COUNTED. Your committee has submitted a proposed form to the County for their review and comments. We expect that it will be ready for distribution at the Town Hall if the Community decides to mount a protest.

If the Community decides that they would like to protest the rate increases, there should be plenty of time if everyone chips in since we are starting out with a fairly good email and phone list.

But there are some things we can be doing before that meeting. If everyone would go to the CONTACT US page on the website (www.berryessahighlands.info) and complete the contact form in its entirety so that we can update our contact list. In the comment section please list all the parcels you own by address or Assessors Parcel number.

Also please contact everyone you know and encourage them to do the same. The information you enter is private will not be disclosed to anyone outside the Committee except as necessary for volunteers to make contact on Highlands business.

#### Event Calendar

August 21 – Saturday: Bring your own Meat Bar-B-Q, 4 PM, Berryessa Sr. Ctr., Chef Paul will cook it if you wish (925) 699-3729 or 966-0206. "Broadway to Branson" will be the entertainment.

August 21 - Saturday: 3rd annual Celebrate Summer event at the Community Church (Moskowite Corners). Come for lots of fun, free, family activities from 12-4:00 pm. 252-4488 or email at terribob@pacbell.net for questions.

August 27 - Friday: Winters Earthquake Street Festival, 5:00pm - 11:00pm, Main Street. The ground is going be shaking with all the live music, vendor booths and all in all great fun for the grown ups and the kids! Be sure to mark your calendar for the 27th of August! See you there!

September 1- Wednesday: AWANA Open House at Community Church, from 6-7:30pm. Meet the program leaders, register your child(ren). Eight months of fun, games, and awards making it fun to learn about Jesus for only \$45. Please call Rachael or Dirk Werning at 252-4488 if you have questions.

Future Trout & Salmon Derbies, Spanish Flat Country Store & Deli: Sept. 11-Oct. 9 - Nov. 13 - Dec. 11.

September 11 - Saturday: Community Center Gym, 100 Benton Way in American Canyon. American Canyon Live presents COWBOYS FOR KIDS - A Benefit to Support Local Foster Children.  
<https://amcanlive.ticketleap.com/cowboys-for-kids>

September 25 - Saturday: Coastal Clean-up Day - 9:00 am to Noon. Volunteers are needed to help clean up Lake Berryessa! Canoeists, scuba divers, kayakers, and shoreline folks welcome. See Pg. 9 of this issue for details.

October 2 - Saturday: Feast of Eden, Napa Land Trust, Nickel & Nickel Winery, 5-10 pm. \$250 per person, [www.napaandtrust.org](http://www.napaandtrust.org), 707-252-1135

#### Ongoing Events:

Exhibit honors Monticello Valley: A free exhibit, honoring the people of Monticello Valley, which was flooded in 1956 to create Lake Berryessa, is now open at Spanish Flat Village Center, 4318 Knoxville Road, Lake Berryessa.

The exhibit is open 9 a.m. to 5 p.m. every day through the summer. For information, call Carol Fitzpatrick at 287-3708 or e-mail [pumpkinridge@ymail.com](mailto:pumpkinridge@ymail.com).

#### Dam Level Update as of Monday, 8/16/10

The elevation of (Glory Hole) at Monticello Dam is **440** feet  
Lake Berryessa has had **26.41** inches of rain since July 1, 2009.  
The water is now **23.64** feet below the top of the spillway.

Date	Elevation	Evap	High	Low	Rain
8/1/10	417.53	0.27	94	61	0.00
8/2/10	417.45	0.30	94	56	0.00
8/3/10	417.36	0.30	94	57	0.00
8/4/10	417.28	0.34	97	57	0.00
8/5/10	417.18	0.34	96	53	0.00
8/6/10	417.11	0.31	91	53	0.00
8/7/10	417.01	0.29	95	55	0.00
8/8/10	416.93	0.28	94	55	0.00
8/9/10	416.85	0.27	84	54	0.00
8/10/10	416.76	0.23	91	54	0.00
8/11/10	416.67	0.30	92	53	0.00
8/12/10	416.59	0.22	80	53	0.00
8/13/10	416.51	0.27	91	54	0.00
8/14/10	416.44	0.31	93	52	0.00
8/15/10	416.36	0.28	92	52	0.00

#### Napa Valley College is now offering Credit Entrepreneurial Classes for Business.

Entrepreneurial Classes- Business 141 and Business 143 at Napa Valley College this Semester. We start Saturday,August 21st and there is still space available in Business 141.

Business 141: Entrepreneurial Opportunity Analysis - Aug. 21- Oct. 16th

Business 143: Business Planning, 3 units, October 16th - December 4th.

Both classes are "hybrid" which means they meet three times on the campus and the rest is on-line. Taught by NVC SBDC Director Beth Pratt and NVC Business Professor Walt Unti.

Register at [www.napavalley.edu](http://www.napavalley.edu).

For more information contact Beth Pratt at [ep Pratt@napavalley.edu](mailto:ep Pratt@napavalley.edu)

#### Caregiver Needed

#### 20 gallon 12 volt sprayer:

**\$150**

With 75 ft hose and a wand

Lake Berryessa Area.

Call Rusty 925-521-4546

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#### 6,000 pound Econo Lift boat hoist

**\$350**

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\*\*\*\*\*

#### At the Volunteer Fire Station Next to Capell School off Hwy 128

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Camping, Boating, Fishing

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Sunday Service at 10 A.M.

Sunday School for the Children.

Pastor Randall Roach

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#### **The Lake Berryessa News**

**Owner/Editor:** Peter Kilkus

415-307-6906, PKilkus@LakeBerryessa.net

Subscriptions - \$35 per year.

**The Lake Berryessa News - Peter Kilkus**

**1515 Headlands Drive, Napa, CA 94558**

#### **More August Birthdays**

- August 3: Martin Sheen (70)
- August 5: Neil Armstrong (80)
- August 7: David Duchovny (50)
- August 10: Antonio Banderas (50)
- August 16: Timothy Hutton (50)
- August 24: Cal Ripken, Jr. (50)
- August 25: Sean Connery (80)
- August 26: Branford Marsalis (50)
- August 30: Warren Buffett (80)

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The Only Privately-Owned Park within Walking Distance to Beautiful Lake Berryessa

This small, well-run park combines affordable vacation spaces with permanent homes in a safe, attractive setting.

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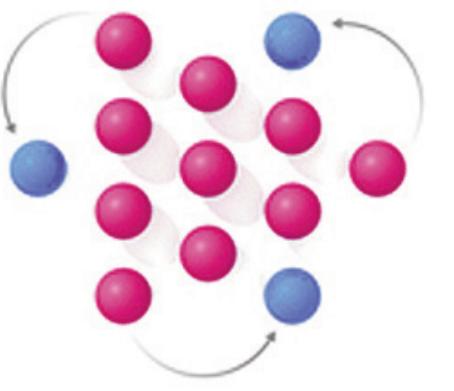

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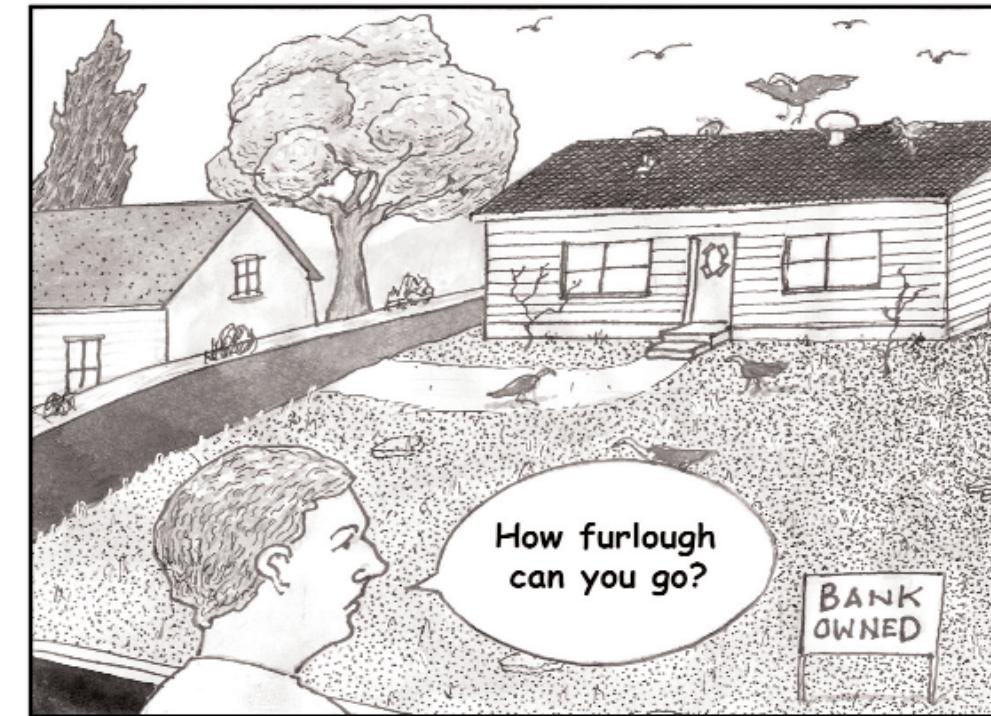
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## NAPALACHIA

by Bill Scholer



### Never Enough Blonde Jokes!

The Road Painter

A blonde who had been unemployed for several months got a job with Public Works. Her assignment was to paint lines down the center of a rural road.

The supervisor told her that she was on probation and that she must stay at or above the set average of 2 miles per day to remain employed. The blonde agreed to the conditions and starts right away.

The supervisor checking up at the end of the day, found that the blonde had completed 4 miles on her first day, double the average!

"Great," he told her, "I think you're really going to work out."

The next day, however, he was disappointed to find that the blonde only accomplished 2 miles. The supervisor thought, "Well she's still at the average and I don't want to discourage her, so I'll just keep quiet."

The third day however the blonde only did one mile and the boss thought he better talk to her before it gets any worse.

The boss pulled the new employee in and says, "You were doing so great. The first day you did 4 miles, the second day 2 miles, but yesterday you only did one mile. Why? Is there a problem? An injury, equipment failure? What's keeping you from meeting the 2 mile average?"

"Well," the blonde replied, "each day I keep getting farther and farther away from the bucket."

Capitol Blonde

A blonde was visiting Washington, D.C., for the first time. She wanted to see the Capitol building. Luckily for her, she spotted a cop.

"Excuse me, officer," she said. "How do I get to the Capitol building?"

"Wait here at this bus stop for the number 54 bus," the officer replied. "It'll take you right there." She thanked the officer and he drove off.

Three hours later the police officer's patrol returned him to the same area and, sure enough, the blonde is still waiting at the same bus stop. The officer got out of his car and walked over to her.

"Excuse me," the cop said, "but to get to the Capitol building, I said to wait here for the number 54 bus. That was three hours ago. Why are you still waiting?"

"Don't worry, officer," the blonde replied. "It can't be much longer now. The 51st bus just went by!"



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Here Comes the Judge! Here Comes the Judge!



Rustridge's very own Susan Meyer was invited back for the third year in a row to be a judge at the Orange County Fair Commercial Wine Competition. (You know you're good when they invite you back!) The Commercial Wine Competition ranges from 2,700 to more than 3,300 entries and more than 1,100 awards are given with 80 to 100+ different varietals and styles of wine being judged. It is a well-respected competition having been established by the Orange County Wine Society back in 1977! We're guessing we know where Susan will be in early June of 2011...



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### The Lake Berryessa News Horoscope (We Really Believe in Astrology. Honest We Do!)

Aries (3/21-4/19): Your belief that all life's problems can be solved with a heart-to-heart talk and a good night's sleep will be severely tested this week when you're introduced to mathematics.

Taurus (4/20 – 5/20): This is a good week to start new projects, as long as they don't take more than four days and won't depress the people who find your body.

Gemini (5/21 – 6/21): This week you'll show everyone that you can be stunningly sexy at 50, which is deeply troubling as you were 27 last week.

Cancer (6/22-7/22): You'll finally make an effort to remove your mental blinders, leaving the coroner to wonder why exactly you took the cordless drill to your temples.

Leo (7/23-8/22): When all's said and done, you should probably have just let those pandas succeed or fail on their own merits.

Virgo (8/23-9/22): You'll finally come to understand your own heart and mind, and by extension, exactly what everyone has been laughing at all these years.

Libra (9/23-10/22): While it's true that life often imitates art, it's odd that your life imitates J.G. Ballards' avant-garde fiction piece "The Assassination Of JFK Considered As A Downhill Motor Race."

Scorpio (10/23-11/21): When you were a child, you spoke as a child, you understood as a child, and you thought as a child; so no real changes, then.

Sagittarius (11/22-12/21): Your lifelong search for a soul mate will come to an end at last when you discover it was Robert Kearns, inventor of the intermittent windshield wiper, who died in 2005.

Capricorn (12/22-1/19): It's really too bad you couldn't have been defenestrated years ago when it was cool before everybody started using the word.

Aquarius (1/20-2/18): Just when you think all subtle beauty has finally faded from the world, you'll remember "So Into You" by the Atlanta Rhythm Section.

Pisces (2/19-3/20): You will definitely be remembered by all people for all time, a fact that should make you feel much more shame and disappointment than it may seem.

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### Cult Divided On Whether To Let Women Become Telepathic-Vision Clerics

KLAMATH FALLS, OR—According to sources within the Seventh Light compound, a rift has recently emerged within the cult over the question of whether to ordain female disciples as telepathic-vision clerics.

"It is the Singular Essence's will that our holy prophet Raymond was male, as were the initial Six Believers whom he entrusted with the Inward Knowledge," read a statement issued Monday by the group's governing body, the Acolyte Council. "Therefore we cannot condone any trans-dimensional communications or tomorrow-visions performed by a woman."

The harsh decree was reportedly directed toward Seventh Light members who see the ordination of women as the only way to manage the cult's current shortage of telepathic-vision clerics, a problem that has grown in recent years. Simply put, the telepathic-vision clergy is spread too thin leaving them with almost no time to monitor AM radio for signs of the prophesied wormhole.

For many Seventh Light adherents, however, the pragmatic argument for female ordination flies in the face of teachings set forth in the White Pamphlet, the sacred 32-page text said to have been revealed to Klamath Falls native Paul David Lassiter, the man now known to his followers as Raymond.

"The [White Pamphlet] has guided our people ever since the Ancient Times," said Jacob Chi, 57, referring to the 1978 founding of Seventh Light, just before Lassiter's conviction on three counts of racketeering and performing plasma transfusions without a license. "As the Pamphlet clearly indicates, a woman's duty is to prepare the communal family to shed their Earth Auras. To deny these facts is to deny the very word of Raymond."

Other disciples have asserted, if only in private, that the prophet's writings should not be taken literally in every context.

"There's no doubt the Pamphlet provides vital instructions on how to achieve a state of heightened aura projection, but it is important to recognize that many of the parables - such as the 1972 divine annihilation of the wicked city of Portland or the Believers' 40-year trek along Interstate 5 - should be interpreted metaphorically."

"Plus, pages 27 through 29 are all just Jefferson Starship lyrics," the member added.

A recent poll found that while most of the Seventh Light faithful support the ordination of female telepathic-vision clerics, many remain vehement in their opposition: 31 percent said they would not allow a woman to brand their newborn with the Marking, 23 percent said women are incapable of translating the soul-transmissions of extraterrestrial beings who await the disciples' return, and one in 10 threatened to leave the cult entirely should some woman start telling them what to do.

### Celebrate Summer – It's Not Over Yet!

It's hard to believe that August is here and summer is nearing an end, but not to worry because it's not over yet! On Saturday, August 21, you will have an opportunity to enjoy some fun, free family activities at the 3rd Annual Celebrate Summer event at the Community Church of Lake Berryessa (at Moskowite Corners). This annual event is chock-full of great activities including a triple-lane water slide, a run-n-slide, a rock wall, and a bounce house. Be sure to wear a bathing suit or at least something you don't mind getting wet because the water slides are just too tempting on a hot summer day.

The summer fun will take place from 12:00 to 4:00 pm. Lunch will be served from 12:00-2:00. The ever popular watermelon-eating contest will start at 2:00. Be sure to check in when you arrive to put your name in "the hat" because door prizes will be given away throughout the day.

This event is sponsored by the Community Church of Lake Berryessa and Valley Christian Church. Remember ... everything is free! We hope to see you there. Please call Pastor Bob at 252-4488 if you have questions.

### Community Church of Lake Berryessa

Located at 6008 Monticello Road

(Moskowite Corners)

For information please contact Bob Lee

Phone: 707-252-4488

Email: terribob@pacbell.net

### AWANA Open House at Community Church

A new season of AWANA at The Community Church is about to begin. Come join us on Wednesday, September 1, from 6-7:30pm for Open House. Meet the program leaders, register your child(ren) – fill out paperwork, pay dues, look at material and awards, and learn about our fun program for kids ages 2-12. The 2010/11 program starts September 15. Eight months of fun, games, and awards making it fun to learn about Jesus for only \$45. (Some discounts may apply for previous clubbers.) Awana nights are Wednesday from 6-7:30pm and follow the school calendar.

Please bring medical information to the Open House so registration paperwork can be completed and we can focus on a fun year of games, awards and learning about Christ! The Community Church of Lake Berryessa is located at 6008 Steele Canyon Road (at Moskowite Corners). Please call Rachael or Dirk Werning at 252-4488 if you have questions.

### Lake Berryessa Watershed Partnership Essential Messages for Lake Users

Lake Berryessa is a drinking water source for 1 million visitors per year at the Lake and nearly 500,000 people in Solano County.

Food Grows Where Water Flows. Help support local farms by buying local produce. Lake Berryessa water also serves farmers and businesses as the water is delivered downstream. Did you know that the local Budweiser Brewery and Jelly Belly contracts for Lake Berryessa water exclusively?

Help control for hitchhiking Invasive Species such as the zebra & quagga mussels attaching themselves onto the bottom of water crafts. They threaten our water system by potentially clogging pipes, altering the ecology of the Lake, and entering beaches with their razor sharp blades. It is also important not to plant invasive terrestrial species such as French Broom, Pampas Plume, Vinca, Tree of Heaven, Arundo, etc.

Prevent water pollution by putting litter in proper receptacles. Any litter that falls on the land in the Lake Berryessa watershed eventually makes its way into the Lake.

Always use Port-o-Potty's and not the Lake.

Keep boat engines clean by always use a bilge pad. Keep gasoline and oil out of the water by using spill prevention guards.

Due to the 3rd year of a statewide drought and the increasing population, water conservation is critically important for maintaining our water supply. Please help us Promote Good Watershed Stewardship!



### Lake Berryessa Cleanup 2010 Saturday, September 25th 9:00 am to Noon

Volunteers are needed to help clean up Lake Berryessa!  
Canoeists, scuba divers, kayakers, and shoreline folks welcome

The event is part of the 26th annual Coastal Clean Up Day, a statewide and international effort to clean trash and debris from coasts, bays, creeks, rivers, and lakes. Last year, over 50 volunteers collected 1,512 pounds of trash and 744 pounds of recyclables from the lake and its shoreline! In 2008, more than 130 volunteers, including divers and kayakers from Solano and Napa counties retrieved over 600 pounds of trash and 1,000 pounds of recyclables from the lake.

For ground crew information – Contact Marianne Butler, 707.301.5778, Marianne.Butler@SolanoRCD.org

For dive, canoe & kayak crew information - Contact Roger Haseltine 707.320.3941, Roger\_Haseltine@comcast.net

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**Keeping in Touch  
Supervisor Diane Dillon**

Let's begin with an exciting and encouraging subject! Napa County had its first ever Local Food Forum in late April -- and it was a grand success!

The idea of a local food forum grew out of a joint request from Napa County's Agricultural Commissioner Dave Whitmer and me to insert a local food policy into our 2008 general plan update.

On April 28, we were delighted to have several hundred local citizens join us at the Napa Valley Expo, to talk about how we can have healthier school lunches, make healthy food available to those who can't afford it, create community gardens, increase the economic and agricultural diversity in the county, expand farmers markets, and generally create better and stronger local food systems.

There's more to come. This is a critical health, and future economic, issue..

**Restoring Jobs We've Lost**

Unemployment and job creation continue to be of utmost concern. In Napa County, our premium wine industry has not been immune to the worldwide economic downturn. I've had more than one vintner say to me: just get more people here so we can sell them wine! If we can get those people here ... then we'll regain those jobs we've lost, too. Bottom line: we need more visitors.

To assist in re-focusing attention on our wines and our beautiful county as a tourist destination, and thereby regain those lost jobs, the Board of Supervisors recently created - along with each of the cities and town - a new Napa Valley Tourism Improvement District. Its primary job will be to market the county as an entity. In addition, each municipality and the County will have funds specifically allocated to help draw attention and visitors to it. For more information, go to NVTID Information Website.

**New Protection for Our Seniors**

I'm extremely pleased to announce that Napa County is the first in California to have a county-wide uniform Caregiver Ordinance. It requires individual caregivers to pass a background check and obtain an annual permit before working as a caregiver in someone's home. This will help keep our elders and dependent adults safer and more secure when they hire people to help with daily living activities.

The Board of Supervisors' appointed Commission on Aging -- and in particular, Betty Rhodes -- doggedly worked on this project for several years. We started with a similar (but unsuccessful) proposal from San Diego; I'm proud to have been instrumental in helping our Commission figure out how to solve the challenges that had stumped San Diego.

[More Road Repaving](#)

More Napa County Public Works pavement overlay work on Silverado Trail was completed in June. It was about a week later than originally scheduled, due to May rains. The two-mile stretch of Silverado Trail from Glass Mountain Road to Howell Mountain Road was covered with a two-inch layer of asphalt and restriped. The project was funded with a combination of ARRA (federal stimulus) and (state) Proposition 1B funding.

But the really good news is that the stretch of Silverado Trail between Larkmead and Bale Lane is scheduled for repaving within the next couple of months! This is long overdue, and will be welcome by all who travel this section of the Trail.

Thanks for reading. Please let me know if there are any specific issues about which you'd like to read in upcoming issues.

Sincerely,  
Diane

Diane Dillon  
(707) 963-0890  
[diane\\_dillon@comcast.net](mailto:diane_dillon@comcast.net)

**Bass Fishing with Don Paganelli**

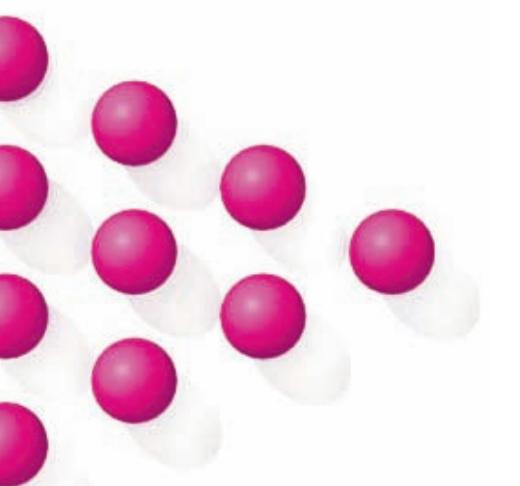
Last week we had a good trip with Smallmouth Bass up to 3 1/2 pounds using Blade Runner spoons in 50 feet of water. Photo of Shawn and Don below

Contact Don to schedule your trip: (916) 502-3474, [don@guidebass.com](mailto:don@guidebass.com),  
<http://guidebass.com/>



**ABOUT-FACE**

Reverse the direction this arrowhead is pointing by moving only three of the dots.



[Answer on Page 10](#)

**A Healthy Dog is a Happy Dog:  
Canine Nutrition Facts You Never Knew!**

By Lucie Hock



One of the healthiest things you can do for your dog is to feed him a nutritious and well balanced diet. We are what we eat and that goes for your dog too!

Choose a premium brand dog food instead of economy brand dog foods. Cheaper dog food brands are generally sold at your local grocery stores, where as the higher quality foods are found in pet stores, or on-line. Better ingredients are found in organic, holistic and higher premium dog foods. They are easily digested and have nutritious ingredients that can increase your dog's life span.

Pet food manufacturers will seemingly go to any length to fill commercial dog foods with the cheapest sources of protein, corn and grain fillers, cellulose (to bulk up the food) and dangerous preservatives and vitamin fortifications that actually make your pet's food less healthy.

Did you know that rendered cats and dogs can be legally recycled back into pet foods? Cattle, classified as 4-D (dead, disease, dying and disabled), can legally be rendered and used in pet foods in the US and Canada. The US Government believes it is safe to recycle euthanized pets and diseased cattle into pet foods because the practice will not affect humans since we do not eat dogs and cats.

Although leading American manufacturers have promised never to put rendered pets into their pet foods, it is still legal to do so. Each year, millions of euthanized dogs and cats are processed along with other animal materials by companies known as renderers. The finished product, tallow and meat meal is sold as raw material to some pet food manufacturers. When your pet food label says meat or bone meal, that's what it is - cooked and converted animals, including dogs and cats. Euthanized animals

are an extremely bad source of recycled food because the euthanizing chemical, sodium pentobarbital, remains in their tissue and ends up in your pet's food.

Incredibly cheap dog foods, such as Walmart's Ol' Roy, are some of the worst dog foods on the market. You get what you pay for. The first ingredient is corn, which is not digestible by dogs and useless from a nutritional standpoint. Dogs do not have a long intestinal tract like humans and they cannot digest vegetable matter. These cheap foods will catch up with you in vet bills.

Here are a few guidelines to remember the next time you go food shopping for your dog. Ingredients are listed by weight. The first being the heaviest ingredient, the second being the second heaviest, and so on....The bulk of any dog food is made up of the first 5 ingredients and are also an indication of quality. Since dogs are carnivores, it is important that meat, such as chicken, is included as one of the first five ingredients. Some dog foods will list up to two meat ingredients, which is even better. Avoid the mystery meat ingredients that are listed as simply meat meal or meat by-products. Instead, choose specified meats like chicken, lamb, venison or even salmon.

The other five ingredients can include potatoes or sweet potatoes (a highly digestible carbohydrate for dogs). Good grains include oatmeal, brown rice and barley. Salmon oil is a great omega 3 and your higher quality dog foods should be grain free with no artificial flavors, colors, preservatives or bleached ingredients.

Try to avoid dog foods that list ingredients like corn, soybean meal, animal fat, meat meal, meat by-products, or fillers that include wheat, soy or gluten. Corn syrup is an ingredient in poor quality dog foods and your dog does not need sugar. Avoid the chemical preservatives BHA, BHT and Ehtoxyquin.

Sometimes it comes down to finding the best food for your dog that fits your budget. Remember, the higher quality dog foods are more digestible and more calories per serving means the less you will have to feed. Pet Food Express has an excellent selection of high quality foods and when you buy 3 bags, they give you the 4th bag FREE. This is a huge savings and may equal what you are already paying for lesser grade single bag purchases through the year. Coupons are also available on-line for almost all pet food stores.

Don't forget that dog treats apply to the same guidelines. After all the hard work in choosing a quality kibble, it is easy to forget that most dog treats are very high in fat, by-products and preservatives that can risk your dog's health. Most store bought dog treats are better left on the shelf.

It's all about keeping your dog healthy. When shopping for your next bag of dog food, take the time to read labels. Your dog is counting on you to make the right food choices so he can live a happy and healthy life.

**Safe Summer Skin (Summer's Not Over!)**

Protecting our skin is important all year, but particularly during the warmer summer months. SPF and UV spectrum are the most important.

SPF stands for Sun Protection Factor and represents the degree of protection from burning. The amount of time it takes for your skin to start to develop a sunburn is called the Minimal Erythema Duration (MED). When the SPF number of your lotion is multiplied by your personal MED, it gives you an approximate amount of time that you should be able to be in the sun before starting to burn.

For example, a very fair-skinned person may only tolerate 10 minutes of direct sunlight before starting to turn pink. If this person used a product with an SPF of 15, the time safely spent in the sun would be increased to 150 minutes (10 minutes x SPF 15). For that same fair-skinned individual, applying a lotion with an SPF of 30 would allow twice the time in the sun before beginning to sunburn.

Although using a higher SPF will provide longer protection from burning, it does not provide all-day protection. Typically, most people only apply enough sunscreen to achieve half of a product's SPF potential. So apply generously! Note: sunscreens with an SPF higher than 30 provide little additional protection and can increase the risk of rashes and allergic reactions.

"Broad spectrum" coverage, protection against both UVA and UVB, is an important characteristic of a good sun protection product. The SPF rating applies only to protection from UVB and does not include any measure of UVA protection. The FDA is currently revising the labeling requirements for sun products to include a rating for UVA protection.

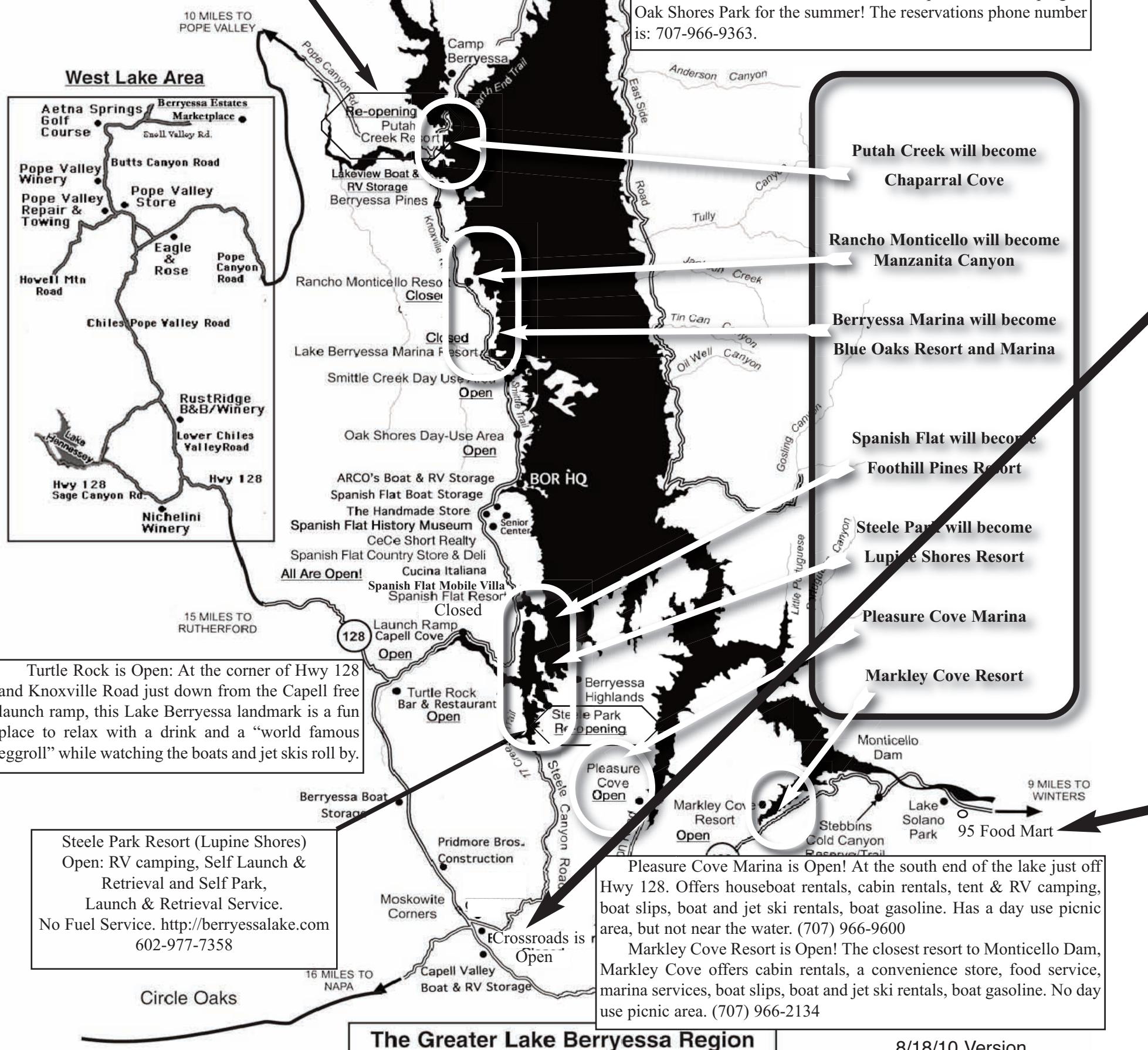
A note on Vitamin D: although sun exposure is needed for our bodies to make active Vitamin D, it takes very little sun exposure - about 15 minutes daily - to accomplish this.

The National Council on Skin Cancer Prevention adopted the following:

- Prevent sunburn by avoiding sun tanning and tanning beds. Ultraviolet light from the sun and tanning beds causes skin cancer and wrinkling.
- Generously apply sunscreen to all exposed skin using a Sun Protection Factor (SPF) which provides broad-spectrum protection. Re-apply every two hours, even on cloudy days, and after swimming or sweating.
- Wear protective clothing such as a wide-brimmed hat and sunglasses.

## Lake Berryessa is Open for the Summer – North to South!

Putah Creek Resort (Chaparral Cove) - Open: Tent camping & RV sites, Self Launch & Retrieval and Self Park, Launch & Retrieval Service. No Fuel Service. Use the Reservations Icon on the Pensus web site, <http://berryessalake.com> or call 602-977-7358.



**The Store at The Crossroads is Open!**

7 AM Until 9 PM Every Day



## The Crossroads at Lake Berryessa

**At the Crossroads of Hwy 121, Hwy 128, and Steele Canyon Road (Moscowite Corners)  
5 Minutes from Steele Park Resort (Lupine Shores) and the Berryessa Highlands**

**Phone: 707-255-5455 ~ Email: [thecrossroadslakeberryessa@yahoo.com](mailto:thecrossroadslakeberryessa@yahoo.com) ~ Facebook: The Crossroads at Lake Berryessa**

### Lake Berryessa Area Travel Distances

11.8 Miles - Winters to Markley Cove  
8.3 Miles - Markley Cove to Moscowite Corners  
20.1 Miles - Winters to Moscowite Corners  
4.7 Miles - Moscowite Corners to Turtle Rock  
13.0 Miles - Moscowite Corners to Napa  
4.4 Miles - Turtle Rock to Spanish Flat Village Center  
3.0 Miles - Turtle Rock to Lower Chiles Valley Rd. at  
3.2 Miles - Lower Chiles Valley Rd at Hwy 128 to Pope Valley Rd.

8.5 Miles - Lower Chiles Valley Rd at Pope Valley Rd. to Pope Valley  
14.7 Miles - Turtle Rock to Pope Valley via Chiles Valley  
13.0 Miles - Turtle Rock to Pope Canyon Rd. via Knoxville Rd.  
10.2 Miles - Pope Valley to Knoxville Rd. via Pope Canyon Rd.  
12.9 Miles - Pope Valley to Turtle Rock  
19.0 Miles - Pope Valley to Spanish Flat Village Center  
3.7 Miles - Pope Valley to Aetna Springs Rd.  
11.3 Miles - Pope Valley to Berryessa Estates  
4.1 Miles - Pope Valley to Angwin

Three rules for perfect living:

1. Care about yourself
2. Care about each other.
3. Care about this place.

**95 Food Mart**

Intersection of Hwy 128 and Pleasants Valley Road  
Across from beautiful Lake Solano Park with its Great Camping & Fishing

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**Last Auto Gas Between Winters and Napa!**

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7 AM Until 9 PM Every Day

The following are items found overseas in which people have made inappropriate use of English words for bizarre menu items in restaurants.

Cold shredded children and sea blubber in spicy sauce - China  
Muscles Of Marines/Lobster Thermos - Cairo  
French fried ships - Cairo  
Garlic Coffee - Europe  
Sweat from the trolley - Europe  
Dreaded veal cutlet with potatoes in cream - China  
Rainbow Trout, Fillet Streak, Popotoes, Chocolate Mouse - Hong Kong  
Roasted duck let loose - Poland  
Beef rashers beaten up in the country peoples fashion - Poland  
Fried friendship - Nepal  
Pork with fresh garbage - Vietnam  
Toes with butter and jam - Bali  
Fried fishermen - Japan  
Teppan Yaki - Before Your Cooked Right Eyes - Japan