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# The Lake Berryessa News

Your Information Gateway to Lake Berryessa and our Napa Back Roads!

July 1, 2016

## Napa County and the Bureau of Reclamation Consider Working Together to Rebuild Lake Berryessa

By Evan Kilkus

For those that are new to Lake Berryessa, at first glance it is hard to know anything is missing. There are two fully functional resorts with marinas, and three other resorts where you can take the family camping and boating. And of course, the lake itself is open and as beautiful as ever. But, when visitors get hungry, dirty, or tired, upon closer look one can see that the services for the public at Lake Berryessa are limited. Very limited.

Lake Berryessa is the 3<sup>rd</sup> biggest lake in California, and of the top 3 big lakes, it is the warmest and arguably the best for swimming and boating. There used to be 7 restaurants accessible by boat, 7 resorts with over 200 cabins or motel rooms, hundreds of campsites with water, power, not to mention gas docks, paved roads, green grass.

What happened? Many of you reading the Lake Berryessa News know the whole story. For those picking this paper up for the first time as you travel through beautiful Eastern Napa County, simply put, in 2005 the Bureau of Reclamation had a changed vision for the lake. They wanted to tear everything out and rebuild it to supposedly create more access and amenities for the public. Now, 10 years and 3 failed attempts later, the BOR is raising the white flag and admitting their solutions won't work.

**"Managing Partnership Agreement" may be the solution outdoor recreation enthusiasts and resort operators have been waiting for."**

The BOR hosted another Community Forum meeting on June 22<sup>nd</sup> with a brand new player at the table, and a brand new phrase repeated over and over. Napa County has joined the discussion, and a "Managing Partnership Agreement" (MPA) was the talk of the night. "In a lot of cases the better option is to partner with a local agency", stated BOR Deputy Regional Director Pablo Arroyave. "There's a lot of flexibility in the managing partner framework that we don't have at the BOR". Key contract terms

including contract lengths, design plans, and financial models can be different when offered to resort operators through an MPA.

According to Molly Rattigan, Principal Management Analyst for Napa County, another substantial difference is the MPA allows Napa County to use brokerage firms to seek out resort operators and attract them to Lake Berryessa. The BOR is strictly limited to how it can interact with potential contract bidders.

"We got approval from the Napa County Board of Supervisors to enter into preliminary negotiations with the BOR", stated Rattigan. "We are going to start as soon as we can this summer. We are entering into this with the hope that this will work... we are cautiously optimistic and hopeful." Rattigan did bring up that "cost and liability is a concern," but there are several tax opportunities they are evaluating.

Arroyave started the meeting by saying that Commissioner of Reclamation Estevan Lopez met with Napa County in April, and the discussions have been going well since.

### **Napa County Staff report initial finding to Board of Supervisors**

At the recent Board of Supervisors meeting, Napa County staff presented their preliminary findings after four months of investigating how to help the mostly closed Lake Berryessa Region. County staff met with BOR and toured 5 resorts in that time, and their conclusion is it could be possible and would be beneficial for Napa County to enter into a MPA with the BOR.

In such a situation, Napa County would only manage the concession contracts for the resort operators, while the BOR would still maintain a presence at the lake managing their existing day use facilities and the water operations. Solano County's water rights would be unaffected.

The Online Board Recap after the meeting stated, "Under this type of agreement, Napa County may be able to successfully seek and manage concessions more efficiently and successfully without

many of the BOR policy constraints and could help attract suitable investors."

BOR Deputy Regional Director Pablo Arroyave attended the meeting, and said "Reclamation is very appreciative and excited about exploring this opportunity". According to the Napa County Report, "BOR has successful Managing Partner Agreements with Santa Barbara County at Cachuma Lake, the East Bay Regional Parks District for Contra Loma Reservoir, and the State of Wyoming for Keyhole State Park, among many others."

Residents from the Berryessa region spoke up at the Board of Supervisors meeting, and every one of them said "Go for it", "Thank you", and "Make it a good contract." Environmentalists, businessmen, young and not so young, all emphasized how much they want Napa County to take charge and reopen this local destination.

### **The distant light at the end of the 10 year tunnel**

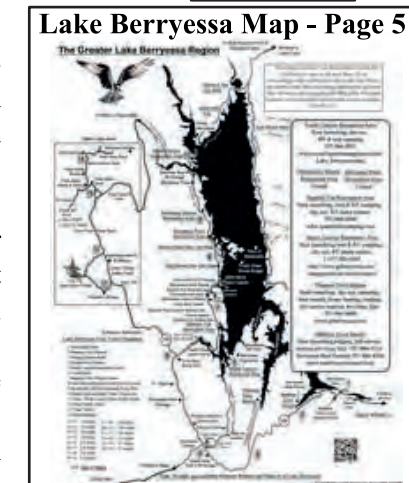
"It is possible to have a draft agreement by this fall", stated Arroyave. Napa County will be working with Napa's Visitors Bureau, Visit Napa Valley, among other consulting and legal firms to find terms for the MPA they feel resort operators can work with.

The Napa County Regional Parks & Open Space District will also be working with the county on this process. "I'm committed to put a lot of energy into this," said Brent Randol, Ward III Director. "This is a great resource for Napa County residents".

Napa County staff will meet continue to meet with the BOR staff to gather more information. They will then report back to the Board at a future BOS Meeting. The BOR suggested that the next Community Forum Meeting be in October, giving them all time to see where this process gets them and to report back to the public when they hope to have some reportable results.



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It always seems impossible until it's done.

Nelson Mandela



## 2 KEEP YOUR DOG COOL THIS

### SUMMER!

By Lucie Hock

(Editor's Note: Berryessa Highlands resident, Lucie Hock, has been a dog rescue advocate for many years. She and her husband, Frank, are a regular sight on Steele Canyon Road with 6 to 8 dogs in the back of their little car or walking along the beach inside Steele Park.)

Hot summer days can be especially hard on dogs. They cannot perspire and can only cool themselves by panting and sweating through the glands in the pads of their feet and noses, which is inadequate to cool them down in extreme heat. Dogs have a higher internal body temperature than humans and they can overheat very quickly. There are steps we can take to make the hot weather more comfortable for our dogs.

Exercise your dog early in the morning or late in the evening when it is cooler outside. Watch out for surface temperatures. Sidewalks, asphalt and sand can become so hot, your dog's feet can burn and blister in as little as 10 minutes.

Keep medium and longhaired dogs especially well groomed in the summer. A well-groomed coat protects your dog from the sun and acts as insulation from the heat. A tangled and matted coat will trap heat and expose skin surfaces. Rashes, hot spots or sunburns can develop.

Car and truck rides can be extremely stressful for your dog on hot days. Please

consider leaving your dog at home during the mid-day heat. If he does go for a ride with you, never leave him in a parked car. Even opening the windows, while parked in the shade, will not prevent a dog from overheating. Riding in the back of a pick up truck can also be dangerously hot for your dog. Inside or outside, with only hot air to breathe, dogs can suffer irreparable brain damage and die from heatstroke.

and used by dog owners year round. Be careful of your choices on hot days. Full body clothing can trap heat, dramatically increase your dog's body temperature and cause heat stroke. Muzzles that don't allow your dog to open his mouth will prevent him from panting and drinking water. Avoid tying up your dog outside because ropes and chains can easily tangle and prevent your dog from reaching the

and used by dog owners year round. Be on hot days because wood does not conduct heat and can stay cool to the touch, even in the direct sunlight. The best choice is always a shady area, behind a structure or under a tree, for your dog's house.

Dogs need to hydrate frequently and a clean supply of water should be available to them at all times, day and night. Dogs need to drink a minimum of 1 oz of water per one pound of body weight each day and this can easily double, or triple, in extreme heat or during exercise. Dehydration occurs when dogs lose body fluids faster than they can replace them. A prominent sign of dehydration is loss of skin elasticity. When the skin along the back is pulled up, it should spring back into place. In a dehydrated dog, the skin stays up in a ridge for 5-10 seconds. Heat stroke begins with heavy panting and difficulty breathing. The tongue and the gums will appear bright red, the saliva will be thick and vomiting often occurs. A dog will become progressively unsteady and may pass bloody diarrhea.

Dogs know when they are getting too hot and, in most cases, will slow down and look for a cool resting place. Dogs are so faithful, they will follow their owners anywhere, anytime. When the conditions are not suitable for their comfort and safety, we need to decide what is best for them. A cool, shady spot at home is always the best choice for your dog during the mid and late day heat. Be good to your dog, he is counting on you to make the right choices to keep him cool this summer.



Their feet can burn and blister on black duraliners and hot metal truck beds. Be sure your dog has plenty of water, a cool surface to stand on and shade from the sun during those "quick trips to town". Ice packs, or even a frozen plastic bottle of water, can be added into crates to help keep your dog cool while traveling.

Designer K-9 clothing is very popular

shade and water that he needs.

Your dog will need "cool" shade during the summer. Doghouses do not provide adequate protection from the heat and sun. Plastic doghouses are cold in the winter and hot in the summer. In the direct sunlight, plastic doghouses will trap the heat making the inside of the house unbearably hot for your dog. Wooden

they will follow their owners anywhere, anytime. When the conditions are not suitable for their comfort and safety, we need to decide what is best for them. A cool, shady spot at home is always the best choice for your dog during the mid and late day heat. Be good to your dog, he is counting on you to make the right choices to keep him cool this summer.

## Solutions to Puzzles on Page 3

1. The man is very, very short and can only reach halfway up the elevator buttons. However, if it is raining then he will have his umbrella with him and can press the higher buttons with it.

2. The surgeon was his mother.

3. It was day time.

4. At the time she went into labor, the mother of the twins was traveling by boat. The older twin, Terry, was born first early on March 1<sup>st</sup>. The boat then crossed a time zone and Kerry, the younger twin, was born on February the 28<sup>th</sup>. Therefore, the younger twin celebrates her birthday two days before her older brother.

5. A square manhole cover can be turned and dropped down the diagonal of the manhole. A round manhole cannot be dropped down the manhole. So for safety and practicality, all manhole covers should be round.

6. The poison in the punch came from the ice cubes. When the man drank the punch, the ice was fully frozen. Gradually it melted, poisoning the punch.

7. He recognized Adam and Eve as the only people without navels. Because they were not born of women, they had never had umbilical cords and therefore they never had navels. This one seems perfectly logical but it can sometimes spark fierce theological arguments.

8. They were two of a set of triplets (or quadruplets, etc.). This puzzle stumps many people. They try outlandish solutions involving test-tube babies or surrogate mothers. Why does the brain search for complex solutions when there is a much simpler one available?

9. The man had hiccups. The barman recognized this from his speech and drew the gun in order to give him a shock. It worked and cured the hiccups—so the man no longer needed the water.

This is a simple puzzle to state but a difficult one to solve. It is a perfect example of a seemingly irrational and incongruous situation having a simple and complete explanation.

Amazingly this classic puzzle seems to work in different cultures and languages.

## July 1 Horoscopes

Aries (3/21-4/19): Your extremely trying week will not be improved by your decision to deal with all problems by leaning on the horn.

Taurus (4/20 – 5/20): You will successfully foil a secret plot to infiltrate your house and surprise you with birthday gifts, cake, and good wishes.

Gemini (5/21 – 6/21): Your upcoming appearance on a popular wildlife show will provide a cautionary example to whale-watchers for years to come.

Cancer (6/22-7/22): You will soon learn the hard way that "motherly love" means different things to different mothers.

Leo (7/23-8/22): The paramedics will find it much easier to load you into the ambulance if they remember to bring a few buckets along.

Virgo (8/23-9/22): Your hatred of the strange and unfamiliar leads you to open hundreds of identical fast-food restaurants.

Libra (9/23-10/22): The stars thank you for your interest, but you do not fit their needs at this time. Good luck in future endeavors.

Scorpio (10/23-11/21): The Hands of Fate will intervene several times next week, knocking you into puddles for their own amusement.

Sagittarius (11/22-12/21): The men from the government will exercise a surprising amount of patience while explaining to you that income taxes are not determined by essay.

Capricorn (12/22-1/19): There are a million reasons you shouldn't give up hope of ever finding love. None of them, however, are any good.

Aquarius (1/20-2/18): Forces are being set in motion that will forever change the way you look at microwaveable Mexican dinners.

Pisces (2/19-3/20): An out-of-body experience will soon leave you with a deeper understanding of just how much weight you should be trying to lose.



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**\$385,000**



6  
**Nichelini Winery Renovation  
Uncovers History – Literally!**  
By Doug Patterson

May 4, 1939. Fred Nichelini is on his hands and knees. He is in the process of removing a floorboard in the old Nichelini house in Chiles Valley built by his father in 1895. You know, the one built on top of the old stone winery cellar. His father had died two years earlier. His brother Bill and he would often come up from Oakland to do handyman work for his mother, who still lived there. Besides, after 44 years it was time to lay down some modern linoleum on top of the well-worn wood floor. Over the years his 11 brothers and sisters had literally beaten a path in the doorway between the living room and the dining room.

The floor had to be flat with no bumps or depressions when the linoleum was laid. In order to get it that way he had to use a shim under the board. So he went out to his car to get a newspaper he had brought with him, tightly folded it up and tucked it neatly under the board. It worked.

Awhile ago, Ken Wainright, a fourth generation Nichelini, along with his cousins Phil Sunseri, his wife, Leslie, their son, Josh, and Marvin Asher, were doing

some repair work on the floor. They noticed a particular area was a slightly “soft”. It sort of gave way a little. Investigating this further, Ken removed the board and



there was Fred’s newspaper. It had not seen the light of day in 72 years. Yet it was as good as new.

He carefully unfolded it. The Oakland Tribune, May 4, 1939. Three big headlines caught his eye. History was to

prove that all three were to ring hollow as predictions. “Japan Split with German Axis Hinted”, read one. The second read, “Germany Offers Guarantees to Balkan Nations”. And the last one was, “Poland Will Say ‘No’ To Hitler In Danzig. Warsaw is Calm Over New Crises”. Four months later, on September 1, 1939, Germany invaded Poland and a new term in warfare was created, the blitzkrieg.

“It was like going back in time”, said Ken Wainright, “World War II was only four months away and nobody knew it. Of course, when you are on a piece of land that has been home for the same family since 1884, not too much surprises you. What’s fun is that the next surprise never seems to be too far away.”

“My father, Fred Nichelini, was a real handyman”, said Carol Nichelini Madigan. “We don’t know for certain that it was he that did that specific floor repair but, at that time, between his brother Bill, who was the family’s second-generation winemaker, and he, most of the needed repairs got done.

Also, my father was working as a ship building inspector at Mare Island in 1939, so he would have been keenly interested in the German situation”. In fact, in that same newspaper on the front page was another article, “Navy Asks for More Warships”, a request to the U.S. House of Representatives that was, in fact, for a record peacetime appropriation for naval vessels.

**CLASSIC LATERAL THINKING  
EXERCISES**

These are great. Get your thinking cap on! Try these to loosen up the old brain cells.

1. There is a man who lives on the top floor of a very tall building. Everyday he gets the elevator down to the ground floor to leave the building to go to work. Upon returning from work though, he can only travel half way up in the lift and has to walk the rest of the way unless it’s raining! Why?

This is probably the best known and most celebrated of all lateral thinking puzzles. It is a true classic. Although there are many possible solutions which fit the initial conditions, only the canonical answer is truly satisfying.

2. A man and his son are in a car accident. The father dies on the scene, but the child is rushed to the hospital. When he arrives the surgeon says, “I can’t operate on this boy, he is my son!” How can this be?

3. A man is wearing black. Black shoes, socks, trousers, jumper, gloves and balaclava. He is walking down a black street with all the street lamps off. A black car is coming towards him with its light off but somehow manages to stop in time. How did the driver see the man?

4. One day Kerry celebrated her birthday. Two days later her older twin brother, Terry, celebrated his birthday. How?

5. Why is it better to have round manhole covers than square ones? This is logical rather than lateral, but it is a good puzzle that can be solved by lateral thinking

techniques. It is supposedly used by a very well-known software company as an interview question for prospective employees.

6. A man went to a party and drank some of the punch. He then left early. Everyone else at the party who drank the punch subsequently died of poisoning. Why did the man not die?

7. A man died and went to Heaven. There were thousands of other people there. They were all naked and all looked as they did at the age of 21. He looked around to see if there was anyone he recognized. He saw a couple and he knew immediately that they were Adam and Eve. How did he know?

8. A woman had two sons who were born on the same hour of the same day of the same year. But they were not twins. How could this be so?

9. A man walks into a bar and asks the barman for a glass of water. The barman pulls out a gun and points it at the man. The man says ‘Thank you’ and walks out.

This puzzle claims to be the best of the genre. It is simple in its statement, absolutely baffling and yet with a completely satisfying solution. Most people struggle very hard to solve this one yet they like the answer when they hear it or have the satisfaction of figuring it out.

**Answers on Page 7.**

**Onion Headlines**

Family Thought  
Grandfather Might  
Enjoy Watching  
Worst Little  
League Game  
Imaginable

Female Trump  
Supporters Just  
Feel More  
Comfortable With  
GOP Candidate  
Who’s Openly  
Horrible To Them

Netflix Introduces  
New ‘Browse  
Endlessly’ Plan

Man Forced To  
Venture Pretty Far  
Into Wilds Of  
Internet To Have  
Opinion Confirmed

Cockroach King  
Concerned Over  
Recent Rise Of  
Bedbugs

Family Chooses  
Different Dog Than  
Reincarnated  
Grandfather

Voyager Probe  
Badly Damaged  
After Smashing  
Into End Of  
Universe

Coworker Loudly  
Typing Away Like  
1930s Cub  
Reporter Chasing  
Hot Lead

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**Partnership Interns:**

**What Do They Really Do?**

by Gustavo Cruz

(Editor's Note: Gus is one of several young intern-scientists working at Lake Berryessa recreation areas doing invasive mussel screenings and boater outreach education to protect our beautiful lake.)

\*\*\*\*\*

It feels like just yesterday that I began my job at Lake Berryessa this summer. We are moving towards the 10th week of our program at the lake and a busy Fourth of July holiday weekend. I must admit that I was not too familiar with Lake Berryessa before I was humbled by the opportunity to work here. As an Environmental Engineering major going into my final semester at UC Merced this fall, Go Bobcats!, I have learned to appreciate the incredible ecological diversity of California. Working up here at Lake Berryessa has been a fantastic opportunity to take in a small piece of the austere grandeur of California.

My father raised me with a wrench in one hand and a hammer in the other. I learned a lot about working with tools and construction from him. From foundations to roofing and anything in between, I was learning the trade early on. The biggest take away from those hard and long summer work days was how important a hands-on experience is to me.

My most recent semester had me enrolled in upper division ecology and field ecology courses. Countless nights were spent studying the complex dynamics of a food web, photorespiratory pathways, biological life cycles, techniques for identifying flora and fauna, and the effect of introducing non-native species to an area. I did not think I would be able to apply that knowledge immediately after my semester was over.

My job at Lake Berryessa this summer

coupled with the completed relevant courses in my major has been a very welcomed hands-on experience just like the summers spent with my father. I am thankful for the opportunity provided by the Solano County Water Agency (SCWA) and all of the partners that help support this program.

Since the start of the program in late April to the time that this article was written, the SCWA program has screened 2,678 boats for Zebra and Quagga mussels. We screened 1,069 boats on Memorial weekend! Markley Cove takes the cake as the busiest spot for boat launches with 911 screenings for the season so far. Capell Cove and Steele Canyon are not far behind with 627 and 694 screenings respectively. To date, Putah Canyon sits atop 422 screenings and Pleasure Cove with 24 screenings. It should be noted that these numbers only capture the screenings performed by our team at SCWA on the weekends. The concessionaires at the various sites are comprised of a very supportive group of pleasant individuals that continue our efforts during the weekdays when we are not capable of being at every site.

While the invasive screenings are a huge part of our job at the lake, we also focus on individual educational outreach via surveys. There are two surveys, one for boaters and the second for day use recreators at Oak Shores. We ask several questions about safe and clean boating practices and stress how we can each play a role in keeping Lake Berryessa clean. Boaters receive a boater kit with a brand new bilge pad, fuel bib, promotional coupon and several pieces of literature on proper boating practices.

To date, we have performed 367 boater surveys and 70 recreator surveys at Oak Shores. One survey may have us in contact with multiple individuals. To date, we have

been in contact with 1230 individuals and will continue to educate recreators as we move deeper into the summer season. The surveys are really an

opportunity to initiate a more amiable and informative dialogue with lake visitors so that we may foster more environmentally conscious visits to the lake. As my supervisor Daniel says: "it takes more than just three people doing outreach to help keep Lake Berryessa clean. It really takes a whole community".

My name is Gustavo, but you can just call me Gus. I am the youngest of two and my older sister is Graciela Cruz. My parents are Graciela Sierra and J. Gustavo Cruz. I am a native son of Los Angeles and California. I grew up near the Pacific Ocean in Venice Beach and went to the Central Valley for college. I currently reside in Merced County, named after the Merced River, and will be completing my undergraduate education in December of this year.

My breaks from school are usually spent with family and friends in Los Angeles. This summer is a little different for me since I am spending it in the Vaca Mountains and not at home. I have heard that home is where the heart is and while a large part of my heart is still in Los Angeles and Merced, I find comfort in knowing that there will now be a part of my heart here at Lake Berryessa. That would not have been possible without the continued support of the warm and welcoming community here at Berryessa. Whether it is a boater, motorcycle rider, cyclist, Berryessa local, fisherman, sheriff deputy, fish and wildlife warden, BOR ranger, the fine ladies and gentlemen working the sites all over Berryessa or my own cohort at SCWA, I have felt a warm welcome from all and look forward to work every day.

You can easily spot me around Lake Berryessa donning the gray SCWA polo, my reflective safety vest and a big smile on my face.



**Annual Pope Valley Volunteer Fire Department BBQ**

Saturday, July 16, 2016 at the Pope Valley Farm Center  
Dinner 5 - 8PM, Dance 7- 11PM

The band will be our local "Way Out West"- back by popular demand.  
Adults- \$20, Kids 6-12- \$10, Kids under 6- Free  
For more info please contact Chris at 707-965-1531 or truebrit@napanet.net.

**Really Bad Similes Create Smiles**

(A simile compares two different things in order to create a new meaning. We are made explicitly aware that a comparison is being made due to the use of "like" or "as".)

Her face was a perfect oval, like a circle that had its two sides gently compressed by a Thigh Master.

His thoughts tumbled in his head, making and breaking alliances like underpants in a dryer without Cling Free.

He spoke with the wisdom that can only come from experience, like a guy who went blind because he looked at a solar eclipse without one of those boxes with a pinhole in it and now goes around the country speaking at high schools about the dangers of looking at a solar eclipse without one of those boxes with a pinhole in it.

She grew on him like she was a colony of E. Coli, and he was room-temperature Canadian beef.

She had a deep, throaty, genuine laugh, like that sound a dog makes just before it throws up.

Her vocabulary was as bad as, like, whatever.

The little boat gently drifted across the pond exactly the way a bowling ball wouldn't.

McBride fell 12 stories, hitting the pavement like a Hefty bag filled with vegetable soup.

From the attic came an unearthly howl. The whole scene had an eerie, surreal quality, like when you're on vacation in another city and Jeopardy comes on at 7:00 p.m. instead of 7:30.

Her hair glistened in the rain like a nose hair after a sneeze.

The hailstones leaped from the pavement, just like maggots when you fry them in hot grease.

He fell for her like his heart was a mob informant, and she was the East River. Even in his last years, Granddad had a mind like a steel trap, only one that had been left out so long, it had rusted shut.

The plan was simple, like my brother-in-law Phil. But unlike Phil, this plan just might work.

He was as lame as a duck. Not the metaphorical lame duck, either, but a real duck that was actually lame, maybe from stepping on a land mine or something.

It was an American tradition, like fathers chasing kids around with power tools.

He was deeply in love. When she spoke, he thought he heard bells, as if she were a garbage truck backing up.

Her eyes were like two brown circles with big black dots in the center.

He was as tall as a 6'3" tree.

John and Mary never met. They were like two hummingbirds that had also never met.

She had a deep, throaty, genuine laugh like that sound a dog makes before it throws up.

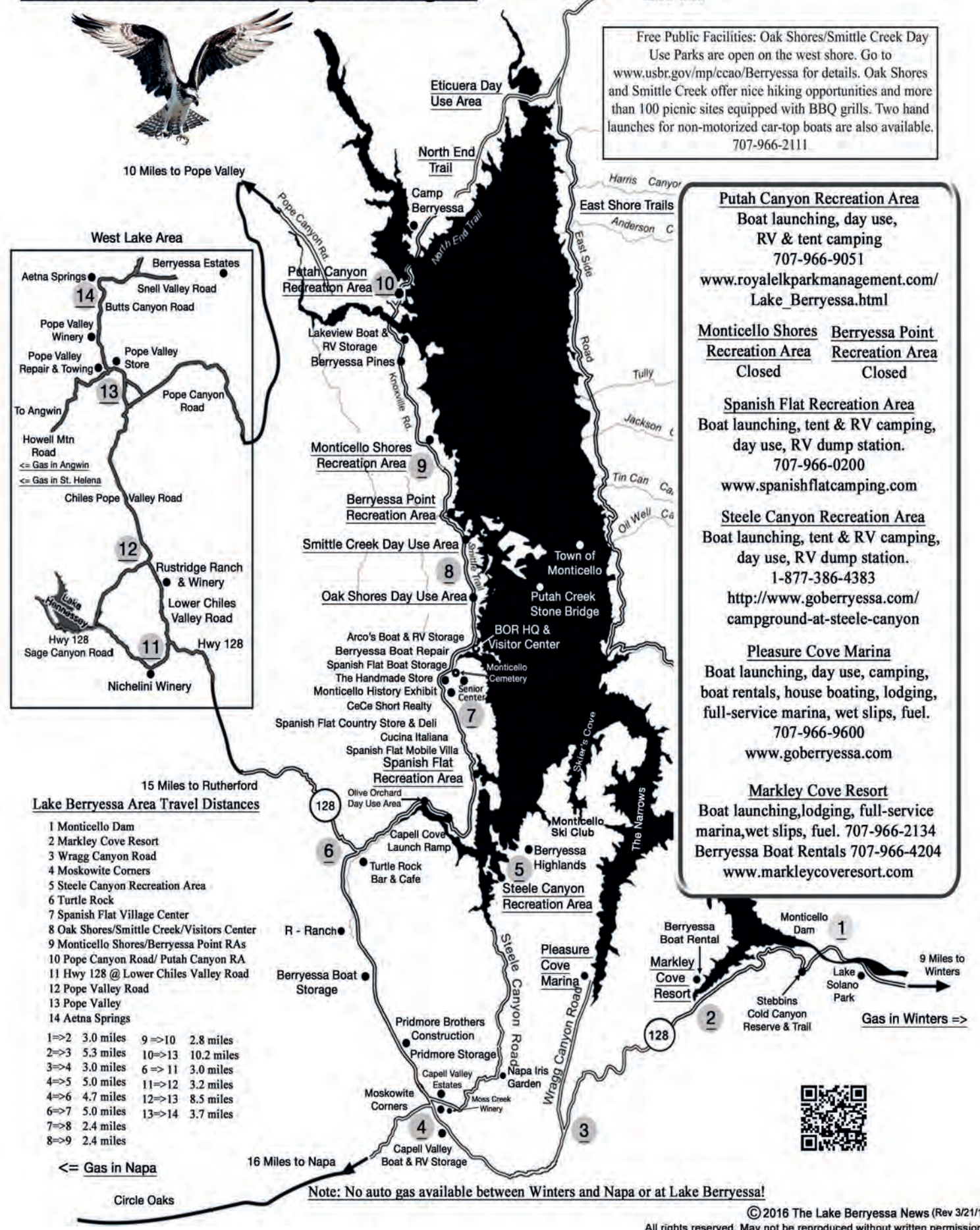
The ballerina rose gracefully en pointe and extended one slender leg behind her, like a dog at a fire hydrant.

Her vocabulary was as bad as, like, whatever.

The revelation that his marriage of 30 years had disintegrated because of his wife's infidelity came as a rude shock, like a surcharge at a formerly surcharge-free ATM.

The lamp just sat there, like an inanimate object.

**The Greater Lake Berryessa Region**







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Lot 328 Arroyo Grande	\$35,000
Lot 118 Cape Cod Court	\$45,000
Lot 43 Berryessa Dr.	\$49,000
Lot 234 Arroyo Grande	\$55,000
Lot 161 Westridge	\$57,000
Lot 6 Steele Canyon	\$70,000
Lot 24 Steele Canyon	\$75,000
Lot 195 Headlands	\$99,900
Lot 139 Westridge	\$100,000
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Lot 61 Poppy Ln.	\$205,000
Hwy 128, 10+ Acres	\$225,000
Lakeview Estates, 60+ AC	\$350,000

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Lot 47 Country Club	\$19,900
Lot 186 Columbine Ct.	\$20,000
Lot 160 Redbud	\$21,000

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#### Cowboy Steak Feed

Saturday July 23rd

Hosted By The Turtle Rock

Still Only \$30.00

For A Rib-Eye With All The Fixin's

Cocktails, 5:00, Dinner, 6:30-8:30

Cowboy Games, Cowboy Music, And

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### Helping Hands Charity Event

Community Church of Lake Berryessa and  
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Saturday, July 23, 10:00 am - 4:00 pm,  
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Rummage Sale, Car Wash, \$4 Lunch

Covered rummage sale spaces, 10' X 10'  
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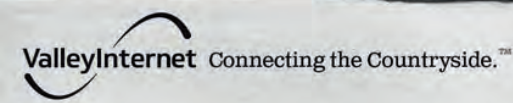
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# The Lake Berryessa News

Your Information Gateway to Lake Berryessa and our Napa Back Roads!

July 15, 2016

## Lake Berryessa: The Future of Sustainable Nature-Based Recreation

Now that Napa County is in serious negotiations with the Bureau of Reclamation regarding taking over the management of the lake resorts through a Managing Partnership Agreement (MPA), it may be time to speculate on the possible future of the Lake Berryessa resorts. In each previous Bid Prospectus, Reclamation proposed a range of recreation opportunities and price points for the various resorts in keeping with the goal of making the lake available to a wide range of people.

Half a century ago, when people said they were going camping, fishing, or boating, it was clear what they intended. Today, due to many factors such as new technology and equipment, and diverse public tastes and preferences, there are many types of activities available. Resorts can provide zip lines, wi-fi, floating restaurants, hiking trails and other amenities to attract that diverse public.

Research has shown that recreationists not only seek to participate in recreation activities, but also seek specific recreation settings in order to enjoy a special kind of recreation experience and subsequent benefits. These four components (activities, settings, experience, and benefits) constitute a recreation opportunity.

### The Recreational Opportunity Spectrum of Lake Berryessa

Lake Berryessa provides a range of recreational opportunities to visitors. However, some opportunities are clearly more appropriate and historically-supported by visitor usage data. Examples would include motorized boating, camping, glamping, and hiking.

One end of the possible development spectrum would be to get a top developer to build and operate a rustic but modern resort

that will attract those visitors who can afford a top-of-the-line RV and a \$50,000 wakeboard boat or tricked-out bass boat. A mid-range "glamping" resort would appeal to folks who would like to go tent camping but still want a comfortable place to hang out. (See story on Page 2.)



With seven locations around the lake there's room for recreation imagination!

We've all learned a lot about how to do things right, both environmentally and socially, with respect to outdoor recreation. The more unpleasant results of the lack of oversight at some of the previous resorts can never happen at Lake Berryessa again. But the lake can become a premier destination for a wide range of visitors.

### General Trends in Nature-Based Outdoor Recreation

For a sizable number of nature-based activities, both the number of people participating and the summed days of participation has been increasing. Prominent among these growth activities were viewing and photographing natural scenery, flowers, trees, and wildlife..

Also growing in both number of participants and total days of participation were visiting nature centers, sightseeing, visiting beaches, visiting wilderness, developed camping, boating, driving off-road motor vehicles, kayaking, and

snowboarding. Nationally, however, the greatest growth in participation is for activities that are physically not very challenging.

### Generational Marketing

Married with children couples are only 34% of the nation's 105 million households.

Boomers: 77 million, born 1946-1964, 28% of population, but 50% of personal income. Dual earners with kids. Marriage age increasing – couples now travel as families creating need for family resorts.

Gen X (45 million, born 1965-1976): In the U.S. Generation X was originally referred to as the "baby bust" generation because of the drop in the birth rate following the baby boom. They are culturally and environmentally concerned, less materialistic, statistically the highest education levels when looking at age groups.

Gen Y (Millennials, 72 million, born 1977-1994): Equal in size to Boomers. Fluent in technology, increased use and familiarity with communications, media, and digital technologies. Its upbringing was marked by an increasingly neo-liberal or market-oriented approach to politics and economics.

### Potential Marketing Themes

Theme for Napa Valley: "A relaxed esthetic with a touch of adventure."

Theme for Lake Berryessa: "Family-friendly adventure within minutes of Legendary Napa Valley."

"Tranquil beauty with a hint of adventure."

"Visit Napa Valley and Add-A-Day at Lake Berryessa."

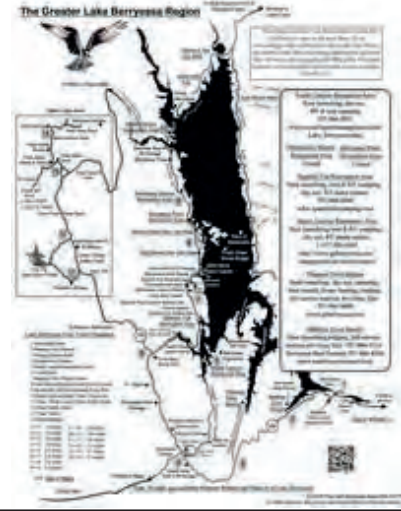
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### Lake Berryessa Map - Page 5



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2 **Glamping Meets Lake Berryessa**  
By Evan Kilkus  
Glamorous, Camping...Glamping. What a concept! But what does it mean? Is it a cabin? A yurt? An RV? A treehouse? A multi-million dollar estate in Calistoga? Vaguely and technically, yes to all.

Glamping is a word that first originated about 11 years ago, and since then the term has caught on as a trendy description of a large variety of alternatives to pitching a tent on the dirt.

Camping is the activity of spending one or more nights outdoors in a tent, primitive structure, travel trailer or recreation vehicle (RV) for the enjoyment of the natural environment. The level of development to support camping vary from a bare piece of grass to fully developed campgrounds with hard surface trailer camps, electricity, sanitary facilities, picnic tables and unlimited variety of others amenities. Camping may be an end unto itself, but often it is participated in conjunction with other activities.

For example, one family might desire camping in a modern, full service campground on a reservoir in order to spend quality time with the family, to rest and relax, and to see nature's beauty. Another family might desire camping in a rural location where they can test their fishing skills, enjoy solitude, and see nature's beauty.

Both families want to go camping, but in very different settings leading to different kinds of experiences and benefits.

Glamping may be an intermediate level between luxury and a sleeping bag. Many of us have had the experience of sleeping in a tent with the kids, but finally deciding that putting up that tent and blowing up air mattresses belongs in the category of stories about the "good ole days." We want some comfort now.

While examples of glamping vary from functional to over the top deluxe, for the sake of Lake Berryessa, let's bring it back to the basics.

A perfect example of a basic glamping campsite happens to be in Vacaville at the Vineyard RV Park. As the photo on the right from glampinghub.com shows, all that's needed is a basic wood platform as small as 10'x10', with canvas walls and a roof, installed on 9 concrete blocks.

Inside you will find all the basics you wish you could fit in your backpack on your camping trip. A full size bed with linens, night stands with lamps, and always a few



chairs and a coffee table so you can relax in the comfort of your very own... glamorous campsite.

A search on glamping.com shows three more examples of what glamping can be. Ranging in price from \$65 to \$500 or more, adventure seekers can often find the option and location that suits their needs, desires, and budget.

So how does the Glamping trend relate to Lake Berryessa? Simple. For the last 10 years the same major issue has come up for potential resort bidders who were trying to build cabins and standard resort facilities. California's increasingly stringent building and environmental codes made these resorts cost more money to build than most were willing to risk. Now in 2016, glamping might be one cost effective solution we have all been looking for.

7 "Listening is an act of love"  
by Suzanne Kilkus  
[www.heartspacecoaching.com](http://www.heartspacecoaching.com)

I recently returned from a wonderful vacation road trip during which I had some good time to listen to a variety of the life all around me. I realized again how important listening is to me, how important listening is to engaging life fully, how important it is to connecting to others, to creating harmony in close relationships.

Saying this seems like I'm stating the obvious, but I witness a lot of struggles in listening - and not being listened to is one of the primary complaints I hear from couples about their relationship.

David Isay, the creator of Story Corps, which is an independent nonprofit project whose mission is to honor and celebrate the lives of everyday Americans by listening to their stories, says that listening is an act of love. I think he is talking about particular kinds and ways of listening.

The kind of listening that connects to another, which gives the message that the other is important to us, has value in our lives, and deserves the respect and regard of our attention.

Listening can be used for a number of things. We may do a lot of listening to a variety of media - television programs, music, or radio. We may listen to distract ourselves from something or someone, or to avoid feeling uncomfortable. We may listen to learn something, or we may listen to reinforce what we already believe or think.

But when we develop and use our ability to listen in a way that the other person experiences being heard and understood, we are acting with love. Listening in this way to a friend, a loved one, and yourself - free of our filters to defend, fix, or avoid the truth - creates a new type of space between people.

This is the kind of space that heals and transforms struggle and conflict, the kind of space that is infused with calm, the kind of space that expresses being fully present to experience the delight of the moment.

On vacation I listened with awe and wonder to the roar of the Niagara Falls, to the many languages of the crowd around me. My listening at the jazz concerts in Toronto transported me to heights of thrill, delight, and pure joy.

Listening care-fully to my husband Steve in our conversations as we drove from place to place created closeness between us that felt out of time and place. Listening to the morning birdsong and the evening play of children marked the passage of time each day.

Listening to an old friend gave me new understanding and brought resolution to some long held questions. Listening carefully with intention to connect, respect, and be present is an act of love. It can be simple and yet complex, flowing as a stream and deep as an ocean. It's a lifelong practice that reaps abundant benefits.

My wonder question right now is, "How can I listen so that everyone and everything around me experiences love, care, and understanding?" Do you want to join me?

**July 15 Horoscopes**

Aries (3/21-4/19): In times of crisis you've often looked to the stars for guidance, and this weekend will be no different, aside, of course, from your utter failure to identify which one of us is Polaris.

Taurus (4/20 - 5/20): The stars say to hold tight. Your life is about to undergo a dramatic change. Feel free to interpret that as a hopeful statement if you like.

Gemini (5/21 - 6/21): They say you can't judge a man until you've walked a mile in his shoes, but after 3,000 feet, you're beginning to suspect he'd like to have his sneakers back.

Cancer (6/22-7/22): You will ignore the voice of reason once again this week, but that's largely because it's gone hoarse and grown nearly inaudible over the years.

Leo (7/23-8/22): Disappointment will be yours this week when what you first believe to be the play's curtain call turns out to be just Act 1, Scene 2.

Virgo (8/23-9/22): Someday you'll inspire a whole new generation to pursue their dreams, secure in the knowledge that they couldn't possibly do any worse than you.

Libra (9/23-10/22): Your plan to dig an escape tunnel over the next three years using only a spoon stolen from the cafeteria will utterly dumbfound everyone else at the office.

Scorpio (10/23-11/21): When all's said and done, some people will actually admire the way you stand your ground and don't let the escaped zoo elephant just push you around.

Sagittarius (11/22-12/21): You've got tough row to hoe in front of you this week, which seems like merely a folksy euphemism until you find you've inherited a run-down potato farm.

Capricorn (12/22-1/19): Sometimes all you want is to relax in your sweats with a movie and a bowl of popcorn, but this week you'll want six units of whole blood, clean bandages, a splint, and plenty of morphine.

Aquarius (1/20-2/18): You have yet to find a love worthy of your unique affections and depth of spirit. You should strongly consider getting a goldfish.

Pisces (2/19-3/20): No notable changes.



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**Woman Who Doesn't Use Facebook Is Completely Out Of Touch With Friends' Prejudices**

Admitting that her lack of a Facebook account often leaves her feeling disconnected, local woman Laura Starling confirmed Wednesday that she's entirely out of touch with her friends' prejudices. "I never got around to joining Facebook, so I'm basically in the dark about what kind of narrow-minded opinions my old classmates and former coworkers have these days," said Starling, who added that, because she never

logs into the popular social media site, it has grown increasingly difficult in recent years to keep up with her longtime acquaintances' heated knee-jerk responses to events in the world that reveal their intolerant viewpoints and irrational biases. "It'd be nice to know which of my friends hold grudges against which minority groups, and who condescendingly writes off every police officer or gun owner in the country. Maybe I should sign up just so I'm not left out whenever someone has a big announcement about which race, religion, or political party is destroying the country."



**A Healthy Dog is a Happy Dog:**  
**Canine Nutrition Facts You Never Knew!**

By Lucie Hock

One of the healthiest things you can do for your dog is to feed him a nutritious and well balanced diet. We are what we eat and that goes for your dog too!

Choose a premium brand dog food instead of economy brand dog foods. Cheaper dog food brands are generally sold at your local grocery stores, where as the higher quality foods are found in pet stores, or on-line. Better ingredients are found in organic, holistic and higher premium dog foods. They are easily digested and have nutritious ingredients that can increase your dog's life span.

Pet food manufacturers will seemingly go to any length to fill commercial dog foods with the cheapest sources of protein, corn and grain fillers, cellulose (to bulk up the food) and dangerous preservatives and vitamin fortifications that actually make your pet's food less healthy.

Did you know that rendered cats and dogs can be legally recycled back into pet foods? Cattle, classified as 4-D (dead, disease, dying and disabled), can legally be rendered and used in pet foods in the US and Canada. The US Government believes it is safe to recycle euthanized pets and diseased cattle into pet foods because the practice will not affect humans since we do not eat dogs and cats. Although leading American manufacturers have promised never to put rendered pets into their pet foods, it is still legal to do so. Each year, millions of euthanized dogs and cats are processed along with other animal

materials by companies known as renderers. The finished product, tallow and meat meal is sold as raw material to some pet food manufacturers. When your pet food label says meat or bone meal, that's what it is - cooked and converted animals, including dogs and cats.



Euthanized animals are an extremely bad source of recycled food because the euthanizing chemical, sodium pentobarbital, remains in their tissue and ends up in your pet's food.

Incredibly cheap dog foods, such as

Walmart's Ol'Roy, are some of the worst dog foods on the market. You get what you pay for. The first ingredient is corn, which is not digestible by dogs and useless from a nutritional standpoint. Dogs do not have a long intestinal tract like humans and they cannot digest vegetable matter. These cheap foods will catch up with you in vet bills.

Here are a few guidelines to remember the next time you go food shopping for your dog. Ingredients are listed by weight. The first being the heaviest ingredient, the second being the second heaviest, and so on.....The bulk of any dog food is made up of the first 5 ingredients and are also an indication of quality. Since dogs are carnivores, it is important that meat, such as chicken, is included as one of the first five ingredients. Some dog foods will list up to two meat ingredients, which is even better. Avoid the mystery meat

ingredients that are listed as simply meat meal or meat by-products. Instead, choose specified meats like chicken, lamb, venison or even salmon. The other five ingredients can include potatoes or sweet potatoes (a highly digestible carbohydrate

for dogs). Good grains include oatmeal, brown rice and barley. Salmon oil is a great omega 3 and your higher quality dog foods should be grain free with no artificial flavors, colors, preservatives or bleached ingredients.

Try to avoid dog foods that list ingredients like corn, soybean meal, animal fat, meat meal, meat by-products, or fillers that include wheat, soy or gluten. Corn syrup is an ingredient in poor quality dog foods and your dog does not need sugar. Avoid the chemical preservatives BHA, BHT and Ehtoxyquin.

Sometimes it comes down to finding the best food for your dog that fits your budget. Remember, the higher quality dog foods are more digestible and more calories per serving means the less you will have to feed. Pet Food Express has an excellent selection of high quality foods and when you buy 3 bags, they give you the 4<sup>th</sup> bag FREE. This is a huge savings and may equal what you are already paying for lesser grade single bag purchases through the year. Coupons are also available on-line for almost all pet food stores.

Don't forget that dog treats apply to the same guidelines. After all the hard work in choosing a quality kibble, it is easy to forget that most dog treats are very high in fat, by-products and preservatives that can risk your dog's health. Most store bought dog treats are better left on the shelf.

It's all about keeping your dog healthy. When shopping for your next bag of dog food, take the time to read labels. Your dog is counting on you to make the right food choices so he can live a happy and healthy life.



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**Onion Headlines**

2-Hour Meeting Spent Thinking Up Hashtag Absolutely Nobody On Planet Earth Will Ever Use

Man Uses Weekend To Make Totally Different Mistakes Than He Did During Workweek

Factory Robot Working On Some Of Its Own Designs After Hours

New Study Finds Link Between Breastfeeding, Always Knowing What's Right For Everyone

U.S. Consumer Confidence Shaken After Mom Buys Wrong Kind Of Tortilla Chips

Antidepressant Medication Label Reminds Users That Pill Should Never Be Mixed With Long Look In Mirror

Intrepid Middle-Class Parents Embark On Daring Search For Mythical Perfect School District

NASA Announces Bold Plan To Still Exist By 2045

Backup Plan In Case Menu Item Out Of Stock Most Well-Thought-Out Part Of Man's Life

Bold Intern Giving Parents Tour Of Office

**The Lake Berryessa Chamber of Commerce**

wants you to know that  
**Beautiful Lake Berryessa is OPEN!**

Spring brings some of the best hiking weather to the area and there are miles of trails to hike. Summer brings warm weather and warm water. Launch ramps are available at several recreation areas for boaters and anglers. Oak Shores Day Use Area is great for picnics and viewing the lake and wildlife. After touring around the lake and stopping at local wineries like Rustridge and Nichelini, a wide variety of food and drink is available at Cucina Italiana, Spanish Flat Country Store & Deli, and Turtle Rock. Delve into the fascinating past of the Town of Monticello, now at the bottom of the lake, by visiting the Berryessa Valley History Exhibit at the Spanish Flat Village Center. Please use this web site to contact our members to make use of their services:

[www.lakeberryessanews.com/chamber-of-commerce/](http://www.lakeberryessanews.com/chamber-of-commerce/)



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**Boiling Frog Myth:**

Even Frogs Are Not That Stupid!

The boiling frog story is a widespread anecdote describing a frog slowly being boiled alive. The premise is that if a frog is placed in boiling water, it will jump out, but if it is placed in cold water that is slowly heated, it will not perceive the danger and will be cooked to death.

The story is often used as a metaphor for the inability of people to react to significant changes that occur gradually. According to contemporary biologists the premise of the story is not true; an actual frog submerged and gradually heated will jump out.

The story has been retold many times and used to illustrate many different points, the collapse of civilization anticipated by survivalists; about inaction in response to climate change. It has also been used by libertarians to warn about slow erosion of civil rights.

In the 1996 novel The Story of B, environmentalist author Daniel Quinn spends a chapter on the metaphor of the boiling frog, using it to describe human history, population growth and food surplus. Al Gore used a version of the story in his presentations and the 2006 movie An Inconvenient Truth to describe ignorance about global warming. In his version the frog is rescued before it is harmed.

Several experiments involving recording the reaction of frogs to slowly heated water took place in the 19th century. In 1869, while doing experiments searching for the location of the soul, German physiologist Friedrich Goltz demonstrated that a frog that has had its brain removed will remain in slowly heated water, but his intact frogs attempted to escape the water.

Other experiments showed that frogs did not attempt to escape gradually heated water. An 1872 experiment by Heinzmann demonstrated that a normal frog would not attempt to escape if the water was heated slowly enough, and this was corroborated

in 1875 by Fratscher.

Goltz raised the temperature of the water from 17.5°C to 56°C in about ten minutes, or 3.8°C per minute, in his experiment which prompted normal frogs to attempt to escape, whereas Heinzmann heated the frogs over the course of 90 minutes from about 21°C to 37.5°C, a rate of less than 0.2°C per minute. One source from 1897 says, "in one experiment the temperature was raised at a rate of 0.002°C. per second, and the frog was found dead at the end of 2½ hours without having moved."

In 1888 William Thompson Sedgwick explained the apparent contradiction between the results of these experiments as a consequence of different heating rates used in the experiments: "The truth appears to be that if the heating be sufficiently gradual, no reflex movements will be produced even in the normal frog ; if it be more rapid, yet take place at such a rate as to be fairly called "gradual," it will not secure the repose of the normal frog under any circumstances..."

In 1995, Professor Douglas Melton, of the Harvard University Biology department, said, "If you put a frog in boiling water, it won't jump out. It will die. If you put it in cold water, it will jump before it gets hot — they don't sit still for you." Dr. George R. Zug, curator of reptiles and amphibians at the National Museum of Natural History, also rejected the suggestion, saying that "If a frog had a means of getting out, it certainly would get out."

In 2002 Dr. Victor H. Hutchison, Professor Emeritus of Zoology at the University of Oklahoma, with a research interest in thermal relations of amphibians, said that "The legend is entirely incorrect!" He described how the critical thermal maximum for many frog species has been determined by contemporary research experiments: as the water is heated by about 2°F, or 1.1°C, per minute, the frog becomes increasingly active as it tries to escape, and eventually jumps out if the container allows it.



**Lake Berryessa Watershed Partnership Interns Making an Impact During 4<sup>th</sup> of July Weekend**

by Marianelly Lopez

It is hard to believe that two months ago I became a part of the Lake Berryessa Watershed Partnership team. Even though we all come from different backgrounds and interests, we are unified through our desire to keep Lake Berryessa clean and educate others about water quality and conservation. I never expected that such a diverse team could work so well together within such a short period of time.

As a biological systems engineering major, I have learned to work alongside scientists and engineers to find solutions to existing problems in the environment. Teamwork has always been essential to make things happen, and I believe that the Lake Berryessa team excels in this category. Working at the lake has given me the opportunity to focus on the current problem of invasive zebra and quagga mussels while finding ways to make others active participants in making a positive impact in our environment.

The classes in my major have sparked my curiosity and desire to work in the environmental health field. Learning about biological life cycles in upper division biology and ecology classes, designing an on-campus storm water management solution in my green engineering design class, and building a bioreactor for my senior design project sparked my interests in the environment. The class subjects and team building opportunities truly encouraged me to find an opportunity to apply my knowledge and have hands-on experience.

The LBWP Internship turned out to be the very opportunity that I was looking for. From the very first day where I met my co-workers, I had a feeling that this was the right place for me. Learning how the zebra and quagga mussels negatively change the biology and chemistry of the lake increased my desire to help protect the lake. After spending weeks training together and learning the material, the Lake Berryessa team has grown stronger and more effective. We have learned how to depend on each other when work is tough, especially during the holiday weekends. 2058 boater surveys and 319

recreator surveys have been conducted from Memorial Day weekend to before the Fourth of July weekend, thanks to the team's effort.

Our teamwork can be especially reflected from the results of Fourth of July weekend. Every time that we go out to the lake, we are divided into smaller teams of 1 to 3 people and are in charge of conducting invasive screenings and boater surveys. While the invasive screenings allow us to interact with every single boater entering Lake Berryessa, the boater surveys are the real opportunity to spread knowledge to others. The individual(s) that we talk to learn about their role in keeping Lake Berryessa clean and also receive a boater kit to act upon the information provided to them.

When we were told that last year 128 boater surveys were conducted during this holiday, we were determined to beat that number. What started out as a friendly competition between the Steele Canyon and Capell Cove teams actually turned out to be a source of motivation for everyone. Despite the windy weather, the entire team managed to get 1,200 invasive screenings and 216 boater surveys! We had exceeded our own expectations.

My favorite part about this job is seeing how determined people can be to take care of the lake and their boats once they learn about the invasive mussel species. Even the young children who hear their parents answering the questions are absorbing the information. All of this would not occur if there was not a team of people who care about protecting Lake Berryessa.

My name is Marianelly and I am the oldest of three children. I grew up in the Bay Area, surrounded by many cities and suburbs. Going to college at UC Davis opened a window to explore nature's wonder and has also opened the door that led me to this internship.

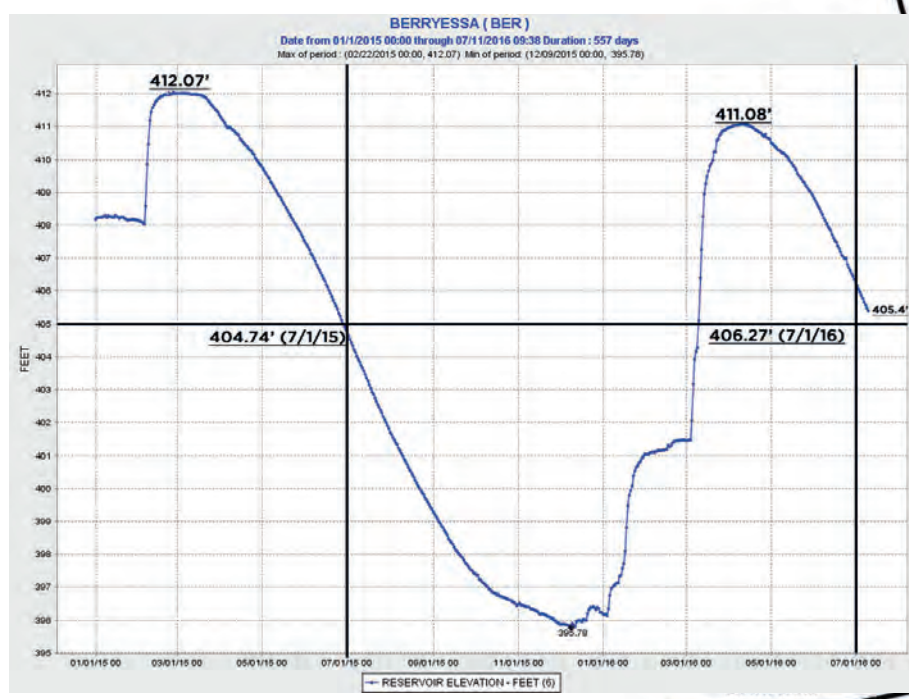
I am very grateful that the Solano County Water Agency (SCWA) gave me an opportunity to further explore my passion for the environment. I have one more quarter before completing my undergraduate education this December. If you ever stop by Lake Berryessa this summer, I guarantee that you will be greeted by one of the friendly members of the Lake Berryessa team.

**Lake Level Status as of 7/10/16**

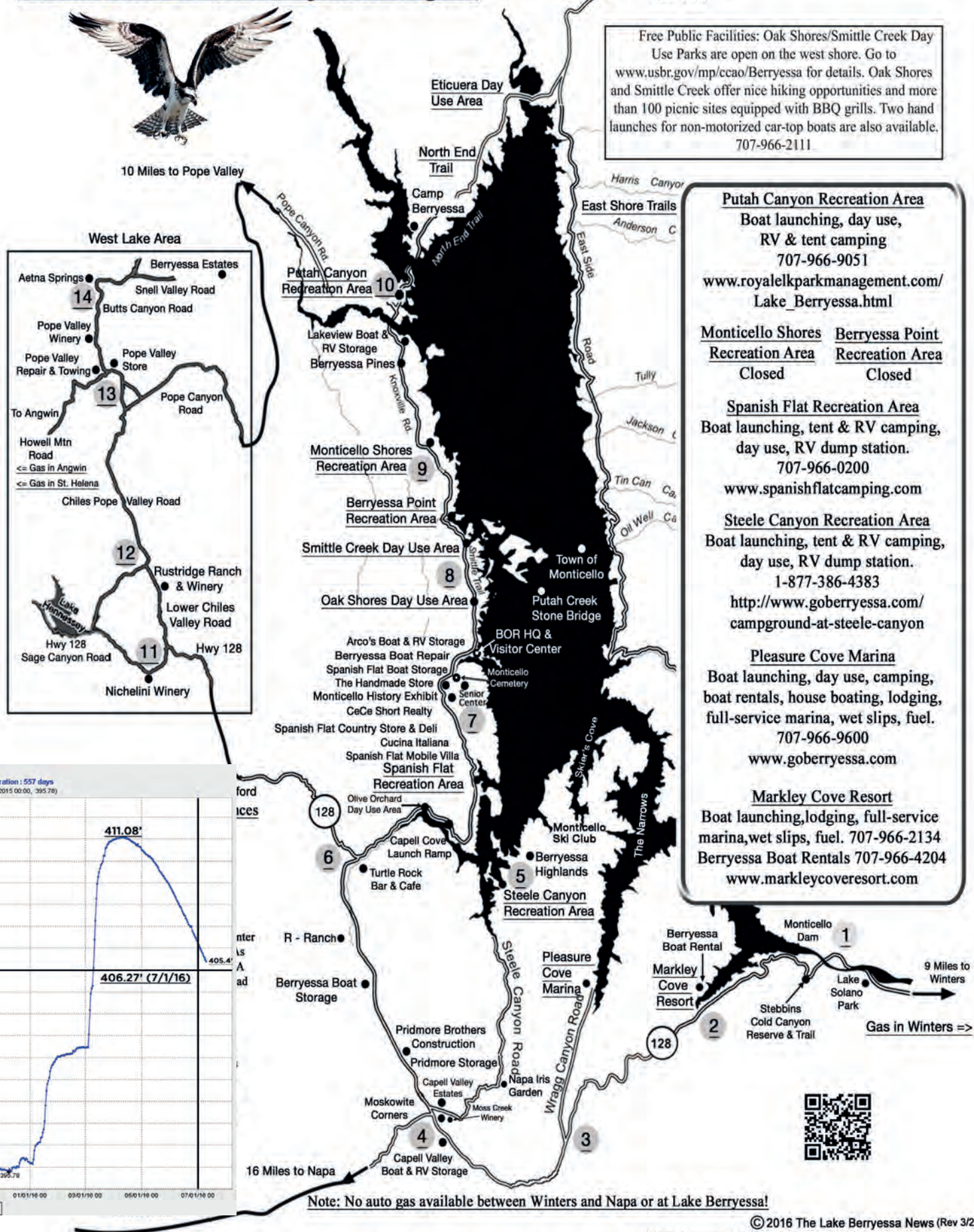
The lake level is now at 405.40 feet - 34.6 feet below Glory Hole. The lake continues to drop about an inch per day. The lake level at this time last year was 403.85 feet, 1.55 feet lower than today.

The season total for rain remains at 24.57 inches at Monticello Dam (about average).

At the present level Lake Berryessa holds 957,746 acre-feet of water, which is 59.9% of it's 1,600,00 acre-feet capacity.



**The Greater Lake Berryessa Region**



Free Public Facilities: Oak Shores/Smittle Creek Day Use Parks are open on the west shore. Go to [www.usbr.gov/mp/ccao/Berryessa](http://www.usbr.gov/mp/ccao/Berryessa) for details. Oak Shores and Smittle Creek offer nice hiking opportunities and more than 100 picnic sites equipped with BBQ grills. Two hand launches for non-motorized car-top boats are also available. 707-966-2111

**Putah Canyon Recreation Area**  
Boat launching, day use, RV & tent camping  
707-966-9051  
[www.royalelcparkmanagement.com/Lake\\_Berryessa.html](http://www.royalelcparkmanagement.com/Lake_Berryessa.html)

**Monticello Shores Recreation Area**  
Closed

**Berryessa Point Recreation Area**  
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**Spanish Flat Recreation Area**  
Boat launching, tent & RV camping, day use, RV dump station.  
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[www.spanishflatcamping.com](http://www.spanishflatcamping.com)

**Steele Canyon Recreation Area**  
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Note: No auto gas available between Winters and Napa or at Lake Berryessa!